

Jacobs 1

blue = added by me

red + ? = unsure about my transcription

green = what I assume was meant

instead of what was written

1.0

Oct 18, 2019

Dr. Bonnie Jacobs – T/C (AH)

tx = therapy, treatment

dx = diagnosis

rx = prescription

sx = symptoms

ψ = psychology

First tx April 11, 2011

presenting (*illegible*) about to turn 25 y/o (+) anx(iety) (+) dep(ression)
in rel(ationship) at time (with) Tasia (Tasya) but falling apart –
worried about breakup b/c financially dep(endant)

filming Rum Diaries – met J

nothing romantic – more connected

then saw each other (at) press junket

then secret b/c he had not told his wife (mother of kids)

2012 – hide rel(ationship) / she fears being seen as homewrecker

enamored with him – love attention he paid her

she said she wanted kids – he said I could do that

bought her gifts + brought her places – groomed her – whirlwind

but @ same time she's not

(+) etoh (ethanol) (+) drugs she'd bring him to bed

he's falling thru glass tables, laying in his

own vomit

family tx substance use

she's taking care of all of them

she moved to apt on orange (close to my office)

would hide out @ that apt from him when

he behave badly (drunk screaming + yelling at her –

throwing things) landlord threatened to call

police

he'd show up in

drunken stupor

beginning 2012

started Al-Anon –

talked about co-dependency (family – supporting them) (JD)

she was terrified that something would happen to him

talked about marriage –

controlling – what she could wear, where she could go –

who she could see

accusations of sleeping with others – a lot

He had no ability to believe what she is saying

Working on Adderall Diaries

J accused her of affair with James Franco – she wasn't

He was reclusive – wouldn't go to her events – or with

friends – her bday = he had to decide who would be there

Wouldn't invite her with his friends – rolling stones – one point

Jacobs 2

Tx – imparting to her that this is how addicts + abusive men act
(this is when she didn't come back – couldn't face me – b/c she said you told me so + I was embarrassed – she said to me I told her it doesn't get better)
ask her – what are you going to do when it gets worse?

engagement – Oct 2013

really want to go through with this
she questioned it
regularly to Al-Anon
spoke of cycle of domestic abuse
she held on to the belief that she could fix it + he could change
(+) self blame
If she didn't do this, he wouldn't have —
A lot of self blame
Continues - so often

Ultimately marries him – then – not allowed to come see me
saw picture of them – she looked miserable
didn't hear from her in years

phys(ical) viol(ence) -

hitting her
throwing her
saying horrible things to her an assortment of people
he's throwing things – throwing her
kicked dog
kicked her over James Franco
slapping her
threw her against wall
(think 1x he got hurt – she believed it was her fault)

(+) panic attacks
getting worse
propranolol
ativan

JD severely abused as a kid – a man with lots of rage + then fueled by alcohol, drugs
He lost a lot of friends - too drunk/stoned to work - doesn't show up
He's not insurable
But he has a lot of power

Mom – victim of abuse

↓
still is

↗ big restaurant

went to engagement party – few minutes – met him – he was very intoxicated – like someone propped him up to shake hands + then disappeared – he did that – off by himself + drank

Jacobs 3

once married – she said going on honeymoon +
call me when back – she did not call
starting hearing about divorce (in news)
surprised I didn't hear from her

I was like that makes
sense – the divorce -

Then saw her in the
tabloids

April 2019 – back to tx (therapy)

Australia – I saw in
tabloids/news they
sanitized it

concerned she could be
very badly hurt or
killed

He was kinda careful when
kids around – but times when
he drunk + passed out around
kids – But not abusing them
per se – b/c unconscious -
shared custody

He has large multitude of
houses – on one block

Kipper only one
Johnny would see

hoax

no - hell no
this is for real

Kids had nannies + their people

1x - he ripped her nightgown off -
kids in the house -

He had burn marks - he
self mutilated

I told her I was a mandated
reporter + this sounds like abuse

Security

they would pick him up +
take him home + to bed
only intervene if public
if alone at house security
guards not there

she kept saying no - he's good to
the kids

Australia - security guards
taken off

I told her before marriage
that she really

— I consulted with colleagues that
I was seriously concerned for
her - serious injury or death

She is not trying to get \$ from
him - she wanted out -
all he wants is to clear his
name so people will hire
he wants to punish her

His sister is his
manager - protective
of him
Mom lived with her

dead or

alive yes - she told me that
I looked at her - what are you
doing

She made excuses for his behavior
held promise to get clean + sober

some of his bodyguards - outright lying
other people probably are afraid to talk

now he's self-promoted
shocked for him

Jacobs 4

DX (diagnosis)

beginning

Panic disorder

current

anxiety disorder

dep(ression) recurrent moderate

PTSD - primary

she has never had a mood regulation disorder

she's not bipolar - not psychotic anyway -

(o) sub(stance) abuse - she got clean before rel(ationship) with

Tasia (Tasya)

manipulative

him - disappear - go on binges - road trips - not talk to her

sep(ARATION) anx(iety)

constantly worried if he was okay

visions of him laying in street

she's violent

she's not the one starting in (it)

she thinks she can talk her way out of it if nice enough -

a lot not fight back

few times - she pushed him back

tried to protect herself

1x - tried to push sister downstairs + she him him (I know that now)

broke her nose 2x

It just got worse + worse

said nurse said SOB hit her again

J picked people, psych, doctor

up to him

He had her on a # of medication

sex(ual) assaults

told me now - it's her fault - if she hadn't

worn a seductive dress - he had problems

objects - bottle / hands

he's impotent - drugs + alcohol

being separate + then rage

short fuse

no

didn't tell me then

→ really really bad stuff

happened after me -

she was chocked - thought

she was going to die -

slightly

Jacobs 5

weight

when I saw picture of her at divorce trial -

she looked horrible

her eyes - in picture

she was emaciated - she was sick

she wasn't sleeping - barely eating - afraid to

be by herself - parents useless

11-4-2019

Paige Heard (1hr 20 min) (Amber - mom)

never seen her so lost

she was born extremely strong person

decides it → goes for it → assertive

she was a lost Amber with Johnny

lost her own footing with him - scared to see

wasn't so much what she said - what she didn't say

I know signs of it - of abuse

she was reduced

they brought out the worst

A only person who held up mirror to him - told him no -

he loved that in Amber b/c it was real - but hated it b/c

he didn't want to see it

A got confused on what to do + what to say

When at first he was straight - drinking tea -

love of literature - music

she challenged his mind - he loved that

but then not later when he was drinking

she loved him very much - he didn't like her

telling him don't drink - don't do drugs

around them - so tense - waiting for other shoe

to drop - I could feel it - palpable

She wouldn't tell me all the things - I knew -

she'd have black eyes - hide it with makeup

"He didn't mean to hit me"

1x - early time - she sent me a picture on (of) her thigh -

a kick I think

It shocked me - didn't think any violence

going on - she sent me the picture

I think it scared her somehow - maybe 1st

physical thing she didn't know what to do

and her first time really in love -
pit in stomach + heart stops beating

overwhelming feeling + he is

overwhelming person

He lives in his world

He said he lives like a refugee -

can't go out + buy a newspaper

isolation with

us - drop in

calls + less talking in calls -

more perfunctory -

less often

she was a totally

different person - totally lost

but she said don't worry about
me - I can handle myself

I saw pics

after divorce too

When fighting got really bad, she sent me pics

1x - me X-mas - we were all going to Island -

J + A started fighting so we didn't go -

go uninvited

right before they got married

spent 3 X-mas together -

maybe 2012 - very much in love he was pleasant -

didn't seem like was on drugs

following X-mas - he rented house in Malibu -

with his kids + we were in house with them

Amber asked my husband not to bring alcohol - b/c

Johnny trying to abstain - but my husband

brought alcohol - they drank + J disappear

all the time - come back wired up - awake all

night + slept all day - no one could wake

him up not his assistants -

He wanted us to stay b/c he didn't want to

face Amber - He talked David into staying

X-mas before marriage -

He told JD to stay

She had me run to elevator to get JD

to come back + talk to her

Security guards just follow JD

A begging JD - she didn't want him to

leave her - so def her frame of mind -

so afraid - never like that - she didn't

want him to leave - having it all fall

apart

Johnny never

do drugs in front of us

Johnny never

hit A in front of us

But I travel with

books with Amb +

packets of cocaine -

white powder fell out -

A said JD hides it

everywhere

address you?

Nope

He wouldn't address us

He just said - we are going to the island

Normally - he was generous + nice -

but his insular world - no grasp

how he impacts others

he had one security guard had to

stroke his arm gently to wake him up

1x - he rose his voice to A's publicist - He snapped into

her "Fuck you - I can take your fucking job"

(think she had event too - that's why they had to go)

b/c she needed him to

hurry up

Jodi

time period

of Whitey

Bulger -

being

screened in

Boston

1x - he got mad at her on the boat
He says to David "I'm trying to tell your fucking
daughter that AA films fucked up - you don't
tell me what to do"

David was like
compadres -
party comrades -

you afraid?

very very afraid - especially after stuff in
Australia - I had broken my finger -
we both had casts on our fingers -
she showed me pictures of his writing on
wall-s - I couldn't believe it
He'd say to me "Billy Bob Th(ornnton) trying to get into her pants"
Insanely jealous
A tell me things like - she can't call
police - bodyguards don't help -
isolate us (like not taking us on
that trip)
If he was really mad, afraid he
could kill her
A tell bodyguards - please just let me
know when JD is coming here - I will
leave - just tell me -
they wouldn't do it

early early on
when we went to Italy -
he said to me
"you have to keep an eye on her -
everyone's going to
want to get in her pants"
Just me + A

things go worse after married - IDK why they got married -
but then she was a beaten person - it happens little by little -
start doubting yourself
A wouldn't say it to me
She chased after Johnny - she, in her right mind,
wouldn't go to island if she'd be alone with ihm
then after things blow over - it could settle down -
you know you're going to get in trouble - but after
it happens - a relief - it happened - a real trap
testimony to her spirit that she was able to get out
finally

Paige 4

then after her wedding - there was fight around her bday - Whitney

A abuse J

no - she start thinking it's your fault -
or argue with him - taunt maybe

see him sober again?

not since beginning
not just drunk - on
something

A tried to make Johnny love
her - or she (he) would love
her so much that he would
change - or want to change
for her

Pictures

send me next day pictures
black eye
bruises on arm, leg
hair pulled out
that's why I was so scared -
I'd tell her come home -
go somewhere - you are
so insulated

iO - Rocky called me -
next day after he head butted her +
pulled hair out + iO called 911

And she loved him still + loves him still

A desperate

begging him
desperate for his love
but she should've said let the
jerk go
that one night - I had to go 3-4x
to go get him
security said nothing - just followed him -
very strange - never said anything

A drug use?

think a few times she may
have tried to try + please
Johnny - But that didn't work -
want to make Johnny love her -
but I'm a parent - so don't
talk about that
but A is get up + go - drugs
will affect that + she didn't
want that

couldn't call 911

She told me she couldn't -
she didn't want to
get him in trouble
"I can't call 911"
Didn't want to sully her name
She truly loved him -
I think he truly loved her too
(but he loved + hated her too)

1x - I walked upstairs - fighting -
"you're not going to tell me what + when I
can do when I'm fucked up"

JD yelling at
her

most of time - he was southern gentleman
around me + my husband

confront him

I talked to A about it - A didn't want
us too (to) (confront him) - afraid we'd make J upset

Now - looking back - I wish -

I remember her saying - "No mom - don't say
anything"

You couldn't talk about any of (the) people in her
films - Billy Bob - Nicolas Cage - JF (James Franco)
call DiCaprio - pumpkin head

huge part of her life - you couldn't
talk about it

A tell us not to say anything about any
of these people - Tasia (Tasya) - (he called her
Tasiafantasia - make fun of her)

couldn't mention
her paintings -

couple of times - we slipped - see that
look about Tasia (Tasya) - 1x about JF
She was doing Adderall Diaries - saw clip -
I said - "nice to see you look so happy"
we caught look at both of them -

she had her hands full with him -
she was just getting her handle

weight

she lost so much weight -
so much stress - threw up all the time
could not eat

no - no ED

Her clothes disappear - He cut up her clothes
I saw pictures of her - look like sack -
her clothes

- He cut them up + threw in hall -
2-3x -

A loved clothes - that was really going
after her

When they were fighting, dogs came clawing at
Whitney's door

Whitney saw a lot

Whitney heard + saw a lot - a lot of fighting

When she sent pics -
she'd never say "that scared me" - so she'd
send the pictures

but she said - it just happened once - I asked for it -
I told her "if you are in a fight with a man, it's
not a fair fight"

finger

he told me "I fucked up" "Look what I
did it" (what I did)

He never said A did it

How could a 190lb man be abused -

He'd never not hit a person back

It's also ridiculous to say she
put a cigarette on his face -
come on

Jerry Judge - Killed someone with his bare hands
He wasn't afraid of him
He was Irish fighting -
brawled

they around

of course they were
several apologized to her - to A -
said sorry that JD was acting
like that - Then he wasn't
around

People lie for him?

so plausible - I know that he paid
makeup artist - one was approached -
she wouldn't take \$ but wouldn't
testify either

IDK who's making this stuff up - I can't see JD
saying these things - like cig out on face - A doesn't
even smoke -

throwing things

saw video of him throwing things -
saw pictures after the fact - things

He's been in bar fights +
brawls + all kinds of fights

↓

He told me all about it
He told me about being in jail
He was proud of it
Bragging what a man
he was

|

He's the tough guy -
He's the guy who rose up
from the streets

Melanie - I heard her
say this - told me +
Whitney

A do that?

no - A pays for stuff -
not going to break it -
not even when mad as a kid -
very conscientious about \$ -
would destroy it

Paige 7

asked

- took SAT - scored so high - went to Houston -
- got award George Bush Foundation
- she got like 1580 - like in 7th grade -
 - it was Duke - 7th graders vs 12th graders -
- we all went to Houston
- we ate at Olive Garden
- we got grants + stuff to get her in best school in Austin - 45 min away

St Michaels +
St Gabriels

She did absolutely
great

very much wanted her to get Masters +
doctorate - but I'm not disappointed
at all

relationships

normal relationships before JD

Tasia (**Tasya**) - once they realized they were lovers -

it wouldn't have been an issue

∅ volatility ∅ build up - let down ∅ emot(ionally) desperate

A cooked in high heels -

real normal relationship



she doesn't see herself that way
but with JD she was in that position

with Johnny

yes depressed

seeing doctors - but not sure how
much she told

she was so protective of Johnny -
A('s) world was upside down

He didn't want her to
do roles



He wanted her to be
pregnant - barefoot +
pregnant - JD would
be happy about that

psychological tx (**treatment**) before

∅ Anx(iety) ∅ Dep(ression) ∅ cutting ∅ sub(stance) abuse
(+) bright + determined -
had hard time at times with
other people b/c so bright +
pretty

2nd grade - national speed
skating champion

Always had confidence -

JD stripped that

He's torturing her twice

Hate to see her dreams

dashed - she's doing

great things

Cowan 1

Nov 25, 2019

Dr. Connell Cowan

RE: AH

2hrs

Amber in + out of tx (therapy) -
in terms of continuity - difficult -
work schedule
freq(uently) sick - unable to come in

She made real efforts
disturbing background
(+) abusive fa(ther) (+) substance abuse
(+) ineffective mo(ther)
smart + resourceful
never feeling safe, trust, connection, belonging
took care of little sister

everyone living in this complex -
top floor - all there
she sending \$ to family

rel(ationship) with Johnny
fraught from beginning
he's very insecure
insecure with her infidelity
from what she presented -
none
he was volatile + angry with
her
any sexual contact in
scenes - problems

} he's so insecure
big reason they had
fights
she'd get jobs
audition
this would come up

So how do you
support a person's
career?
With this?

another big issue = his use of drugs + alcohol
he's in + out of recovery
he had some other living abode in Hollywood -
had music study - stayed with buddies -
assume doing (word(s) missing)

available - unavailable - sulking → troubling to anybody -
difficult for A

she had a difficult time handling it -
when fight - she didn't know how
to deal with him + be self-protective

Cowan 2

when they'd go out (at?) it - verbally -
she'd come at (?) it

physical too I think
interactions escalated -

I know he was physical with her
She at times physical with him
very destructive

from beg(inning) - I saw her before marriage
felt like watching something that
you knew where it was going to
go - very sad -
tragic situation for both

physical violence?

she'd talk about - Australia
very significant

safety

I had concerns for her safety
long before that
she's dealing with someone who is immature,
volatile, emot(ional) + insecure, drug/alcohol use
she didn't know how to deal with that
she'd mix it up with him - instead of bring
temp down - her tendency to fight, not flight -
confrontational
situation in threat - engage or back off

give him right to beat her

absolutely not

It was unclear to me who was provocateur
she had capacity to be provocative with him +
he certainly had capacity to be provocative
with her

Cowan 3

hard to take apart

she minimized physicality with me
didn't want me to know to have
more concerns about rel(ationship) already
if I knew - would be harder for me
to ignore
she did want that rel(ationship) to work
not sure why
she didn't really want to look at it
she wanted to maintain unsafe + destructive
rel(ationship) (what she knew as kid)

phy

they would get "physical with each other"
that's how she'd describe it -
someone threw something
she tend to minimize
she describe her active involvement -
she didn't position it as being
victimized - more like "we do this" -
or "I give as good as I get"
Was she trying to protect him?
or her image of this

concerned for JD
safety?
never felt
no - no
my impression - how
she positioned these fights -
something happen - escalate -
he get accusatory -
yelling - then she'd engage -
Never felt she was a
danger to him
I felt she was in
danger from
him - He was
less controlled



the 1x he came in -
he was terrible with her -
He didn't feel she was truthful -
felt she lied to him
state of jealous mistrust
The anger - the tension - palpable
He couldn't modulate his own emotionality -
He, at one point, went into bathroom +
rolled a joint, came back, had it

she was
meek +
quiet +
listening to
him -
trying to
defend herself
she was not
provocative at
all -
she was intimidated

- he was seething
- yelling
- very difficult time for her

that was infuriating
to him

Cowan 4

no way to win in that rel(ationship) - for her

jealous

anytime she had any interaction he
couldn't control - it provoked those
thoughts - possessive jealousy → abusive?
always abusive

I don't have any sense she was lying to
me - only privy to what she presents
She never told me she was having any type
of affairs
distrust was on his part - not hers

in
general

{ clothes -
looking at
others?

that is abusive
makes people misunderstood -
have a right to be human being
Johnny would've been more comfortable with
her wearing a burqa - in terms
of his jealousy
Insecure any contact she had with men

physical violence

She would say - he hit her
She'd tell me - I'd come back at him -
maybe the most fx (familiar?) way (fx = family)
sometimes pulling away makes someone
come at you more
only couple times when she was physical
a lot of anger + words flying around
she didn't talk a lot about that
in terms of working with someone - need to have
fine line - respecting
but seeing it at (as) dangerous + destructive -
she know I felt that way -
so downplay it - b/c push me to stay -
why

Cowan 5

Australia

Legal issue - dogs - how'd that
impact her
he was so clearly out of control during the
time - terrifying to her
J's self-destructiveness -
it continued when it got home -
he had to have surgery on his hand -
they go over to p/u him up - too (to pick him up)
drunk to participate
she thought this could be a viable
rel(ationship) with her (for her? with him?)
despite Australia - just a nightmare -
she clung to idea that this was
viable

finger

I don't think
she injured his finger

fair fight

no - it wasn't a fair fight -
always concerning to me -
in terms of her standing
up for herself

no reason to
think she is
lying - but didn't
want to focus
on this aspect
of rel(ationship) - really
wanted to make
it work

none of this abuse happening -

she lying?

I don't think this is true -
I don't think A is lying -
I saw them with my
own eyes - He left -
had a driver -
something happened - couldn't
get car out - He was
yelling at other car -
He was so angry - so
poorly controlled -
only one time - he was
out of control in
my office

Cowan 6

§

she was very independent
supported her family -
sister (but lived in apartment so supported by JD)
she really wanted to be independent
I think she genuinely loved him
some part of him at some times -
nicer + sweeter to her

JD came into session with "reasonable distrust" -
so no control with me

I do think, that common thread -
of how he related to her
The emot(ional) dep(endency) he had on her
He hated how he felt about her -
his need for her - the rage -
He was regular at that - disappear
Sometimes she knew when he was -
typically she knew
He certainly had his cadre of protection
around him

afraid for him
afraid for herself
it became more
volatile

I don't know
exactly what
he was doing

He was so in + out
of sobriety -

it became relative -
Drinking + weed became
"being sober"

These are my impressions -
IDK what he was doing

But times when he disappear -
doing drugs + indulge
himself

And a way of punishing her -
sulking + angry

He'd not come home -
at studio - but unavailable
|
times spent there -
drugs -
that's the impression I got

I don't think he felt
comfortable doing it
in front of her -

← b/c she was terrified when
he did drugs
he certainly drank
around her + smoke
many around her

So when he wanted to do
more drugs - he'd
go there

Cowan 7

dx (diagnosis)

not so much
she has some characteristic
Bipolar II
notes? my thinking
meds on that side
maybe imbalanced dopamine
dysthymia - bipolar II - thinking
about - but in terms of therapy -
dx doesn't become critical of that
process
classic traumatic background
maybe superimposed on something - chemical imbalance? -
more dopamine

emotional dysreg(ulation)?

she brought familiarity to rel(ationship) -
what is connection
what is love
what is family
Imprint of early experiences
dysreg abusive situation that
she found herself in -
Some familiarity - but confusing to her -
maybe this right
control is always on the side of - you
got control
If you beh(ave) good enough - it will
be healing -
she believed that to be true
Johnny replicated that

Johnny abusive

I think he was abusive
My impression - what I saw
He was certainly verbally abusive
No suspicion that he could be phys(ically)
abusive - no reason to thin(k)
Amber wasn't

Borderline?

no never my impression
she was reactionary -
always having to try +
cope with a crisis -
she wasn't the provocateur

getting Johnny to do
things that would be helpful
and her family too

JD

angry
paranoid
pushed jealousy
dispiriting
deplete
↓ crush sense of worth + esteem
no way to protect
against it
↓

Cowan 8

and - all that abuse -
rel(ationship) was destructive
rel(ationship) - she didn't want
to look at that +
see where it goes
belief he's going to
change - he's going
to see
and look what happened

sad - watching it -
you know where it
ends
she didn't want to
see it

bruises

cuts?

not that I recall
IDR (I don't recall) if I saw in photos (see (she) showed)
or showed it
she didn't land on being transparent
with phys(ical abuse)
she was protective of him
that wasn't centerpiece

modulate him

a lot on her part
ultimately not anyone else's resp(onsibility) to
modulate anyone's emotionality -
losing battle
but she didn't want to look at
it - wanted to believe
wanted to think she was in
control - illusion

any job on her part -
not "can I get it" but
"how does he feel about it"
affect her rel(ationship) with world + rel(ationship) with
her control
- accusations - that abusive
- distrust - you're lying to me
↓
- anger that it took
yelling
screaming
- checking out/withdrawing
losing himself
- physical part -
when escalated -
clearly abuse

Cowan 9

correspondence

injury Dr Kipper

no - I didn't know

my impression is that Kipper saw
her being more provocative
than I did

IDK if he was getting this from
nurses or Johnny

He saw A as provocative + more
protective of J

Kipper got info from nurses -
to keep Johnny straight

He negative at Amber

surg note ↘ He was upset b/c he organized it
all - misplaced

we had some discussions
over quality of rel(ationship) +
volatility of rel(ationship)
I made my points clearly
He had more contact with
2 of them - more
contact with Johnny
only 2-3 discussions I had with him

saw cuts - Australia

no

didn't really show me

she described what happened

she was terrified to go thru that +

witness that - She didn't know

what to do - he was **leery (?)**

text 8/19/15

calm - cool - didn't work with him -

he didn't know how - he doesn't feel lovable -

nothing gets thru -

no other way she could've done differently

that create

issue so clearly on his part -

don't know of other outcome

if she was provocative - meek - stood up

for herself - didn't help him he

couldn't

she never indicated to me - she had affair -

or duplicity - she cared about him -

transparent - honest with him - he

never believed her

didn't change his
response to her -
nothing worked -
he made up his mind -
don't think she could
dissuade him of
his impression of
her ↓

I don't think it was
one she earned
Sit with someone for hours -
not who she was

Cowan 10

fundamentally if proven wrong -

I have to trust

I just don't believe that

Not that I saw in Amber

distortion A

more resp(onsibility?) on her

selfblame

yes - true

volatile rel(ationship)?

she was emot(ional)

he was emot(ional)

didn't mean to imply -

I mean - I see couples see

fights - both people yell + scream

He's a much bigger person than

she was - when it would

escalate to something physical -

That's out of bounds - that's

abusive

abandonment issue?

not manufactured

he'd just disappear -

she felt abandoned - alone

terrified

clearly he knew what kind

of impact it had on her

emot(ional) cruelty to that

unavail(able)

uncommunicative

my impression -

I don't think Amber

did any of those things

not - she's being hurtful to

me - I need to go -

but punitive - he knew

the impact on her

was she capable of

that - yes

I think I did say that

My position was on the

side of trying to

show her the part of

rel(ationship) that was hurtful +

destructive to her -

more emot(ional) b/c she

wasn't talking about

physicality

My goal to get her out

of this rel(ationship) - so

destructive

tension = she didn't want

to tell me how bad

phys(ically) things really were -

Does this person make you

feel safer in world -

no

she didn't want to give that

part more reality -

b/c then she'd have to

deal with it

Cowan 11

So - she'd play into it - search for
him - get back to him -
and he's satisfied with that -
that's abusive

her mental status deteriorate

yes
those kind of accusations +
fear
wanting a career - wanting
roles - but understanding
that basic human need in
direct conflict with having
a stable home -
unrelenting
her indep([endence](#)) a threat to him
times maybe if not forthcoming
so as to not be seen as a threat
my impression - she was not a liar

↓

So you do get beaten down
daily trial you go thru
Amber's ambitions - she wants a
vibrant career - explore her gifts
And when that's beaten down - by partner -
it's dispiriting - terrible -
she didn't know how to make it work -
she tried - but it wasn't possible

I felt badly for that kind of chaos -
she didn't seek it out - but saw the
chaos + didn't run - she didn't see the
red flags - they were familiar
she wanted to heal - her safety was on
that sense of control
but never going to have that sense of
control - but can't control someone else
thoughts + behaviors

afraid of him?

not sufficiently afraid of him -
she should've been more afraid +
out of there early on -
She saw herself as a worthy
adversary - she should've been
more afraid than she was - not only
physicality but character of
rel([ationship](#)) - so hurtful to her

Cowan 12

this seems so
destructive on
this part -
to spread this on
media again

safe + warm
encouraged
accepted

> but she comes home
to someone who
is angry, threatening
accusing -

phy

not offensive
reactionary -
if escalate
could she have pushed him -
possible - then he strikes back
but more in response to his anger -

Kipper doesn't see him as being
abusive as I do

balance of destructiveness clearly
on his side + she was the
respondent to him

all the way along - so fraught
not one point along the way
when it was easy -
horrible all along

Amber
- something sweet +
endearing -
- sorry this is still
going on
- to have this rel(ationship)
deteriorate into
this profoundly sad

tried to get him psychiatrist

he saw psychiatrist - Alan Blaustein
at one point
don't know course of that
tx (treatment)

Kipper tried to get him that help
Johnny so indulgent + drugs -
don't know how he learns lines +
↓ gets there on time

Hard keeping schedule - A talk about that -
always late - a source of conflict for
her

Kipper ref(erred) Johnny to
Alan Blaustein -
psychiatrist

not a rel(ationship) that
could work
↑

Always late for her - that kind
of indulgence -
cruelty - make a plan +
not show up

**DAWN M. HUGHES, PH.D., ABPP
CLINICAL AND FORENSIC PSYCHOLOGIST**

#1201

(address etc.)

GENERAL INFORMATION

Name: Amber H.
Address: *(redacted)*

Date: 9/26/19

Home Phone:

Work Phone:

Cell Phone: *(redacted)*

Email: *(redacted)*

With whom do you reside? Self

Is it okay to have messages? Y

Gender Identity: F

Ethnicity: White

Age: 33

Date of Birth: 4/22/86

Relationship Status: S

Education:

Occupation (including parents/homemaker): Act

How long at current job? 16 yrs

Are you currently experiencing any medical problems or under the care of a physician? N

If yes, please explain:

Current Medications: provigil | Lunesta 2mg

Physician's Name and Phone Number: Dr. Tomizawa *(phone number)*

Referral Source:

Individual to contact in case of emergency:

Name: Whit Heard

Relation: Sister

Telephone: *(redacted)*

Amber 1

Sept 26, 2019
10:45 am - 3:10

Eval #1
A.H.

Mood

JD born 1963
age 56

my life now has to be acutely responsive
to my trauma
consumes big portion of my day / emot(ional) resources
responsive to past trauma - in the rel(ationship) + after
have to disconnect but be attentive + nuances +
legal + rebuild emot(ional) life

always struggled with anx(iety)
struggled with dep(ression)

don't feel this
now but going
thru pain + stress (not dep(ressed))

after divorce - Jan 2017

worse =

everything got harder when

(

decided to leave

since filed for divorce -

struggled with ex = he weaponized press +

used all his resources

my career

nuanced relationships

spikes

trying to fire me from jobs

they have bots + trolls

death threats | emails | phone calls

In rel(ationship)

attempts

severe anx(iety)

severe dep(ression)

suicidal thoughts

act out - get in car + drive + scream

in private - so anx(ious) - upset

Age 17 - cut self once

maybe for attention -

then embar(assed) that

I did it

I was fine - got over it -

Ø tx Ø med

He had severe drug + alc(ohol) issues

↓

viol(ent) attack to me

↓

Kipper hired to detox him

Christy (Christi) (his sister)

runs his business

Amber 2

Johnny

Met 2009

filmed movie together

The Rum Diary

He cast me (he was acting + produce)

Film in P(uerto) R(ico) a few months

so sparkly - so magnanite (magnetic) - I fell in

love right away - Most sparkly thing I

ever seen in my life - He articulated the

same - us falling in love

everyone on set felt it

continued thru rel(ationship)

how much in love we

were - everyone saw it -

It was magic

most beaut(iful)

enigmatic, troubled, dark,

his voice, look at you + world stops

same music I like

same poetry

obscure blues

intelligent

He charms everyone

men, people, old ladies, everyone

enigmatic quality - tortured

we dev(eloped) friendship - but falling in

love

I was with my ex - Tasha (Tasya)

He was still with Vanessa - but together for kids

We had sex scenes - kissing scenes - confusing

with mother of kids

14 years -

Vanessa (French actress)

2 kids

Lily Rose - 19 y/o

Jack - 16 y/o

A year after we rap (wrap), I get a phone call -

heard his voice - had to pull over

he asked me to come over + hang out + saw cut

of movie - I was so scared about feelings

I had for him - Made up story - had to go

to movie - I was still with Tasha (Tasya)

He'd send gifts or notes

He tried to send guitar once

I didn't have a way to get back to

him - blocked #

I was not in love with Tasha (Tasya) (since

Rum Diary) - loved her - but

not in love

majority supporter - parents, sister,

Tasha (Tasya) (+ her mom)

→ she's my dependent

paid for
them

avoid
avoid
avoid
↓
then pressure
point

In beg(inning) we hid rel(ationship)

for about a year -

I'd hide in car - lay down

He didn't want to tell kids

or Vanessa

Secret for so long - he

didn't want press

to drag me down

He did nothing to clear

my name

He's so bad at taking

accountability or

responsibility

He's insulated himself

from neg(ative) feedback -

bubbled himself

tearful

Amber 3

I proposed to her - Had fiduciary resp(onsibility) to
her - I felt bad leaving her
took me a year to end that -
so depressed

(her = Tasya)

I felt so
guilty

Sept 2011 - I talk to Tasha (Tasya)

I was filming in Chicago - told
her to go back to LA
- show gets cancelled The Playboy Club
- then Rum Diary going to be released -
have to do press tour
first stop - LA - in hotel
we do press conference together -
felt magic again
last day - my publicist says Johnny +
director Bruce - want to have
glass of wine -

I get to room - it's just Johnny,
we spent all night talking
I told him me + Tasha (Tasya) broke up -
"I know how it feels kid"

He spoke a bit down about his ex
(no house | no sex | over a year)
I'm very intimidated - think he
kissed me

but I knew something wasn't
transparent about
breakup

Then start press tour - London

(he goes on his private plane)
we sleep together
he was drinking a lot - excessively -
(I assumed it was b/c of breakup)
(and 1/2 celebratory)

I only drink red wine

He was taking pills

I noticed how much he drank in the
morning - Again thought he was having
a hard time or cool b/c press circuit

He slept over - snore loudly -
pirate (*illegible*) all over

I had to leave - had morning show

Kid?

always -
called me this

did not know of substance abuse
problems at the time

Amber 4

He asked me to order champagne

I came back - he's still in bed -

Magnum of champagne - enough gone

He's sound asleep + snoring

When you're not around each other - he'd

disappear - He'd make you feel desperate,

needy - I'm trying to be cool + liked -

like after 3 days - Hey are you okay?

first he wouldn't respond - then when he

would, make you feel super needy

Then see him - he'd talk about independence

| + people who are needy

So couldn't appear naggy

Johnny always late - chronically late -

like 6 hours - or days

Couldn't move him - his pace - nothing

could motivate him

On set - chronically late

- he'd miss whole days

| indep(endent) of ETOH (ethanol) on

bender

he put foil band from champ(agne) around my finger -

He instantly called me his girl

instantly together but couldn't let it be known

| He's an ego player

| He needs the validation - he

| seeks it out

end 2011/

beg 2012 after press tour - He disappears -

≅ (for about) 3 weeks

"The ex" "the kids"

always made it about something

she was creating

he calls me - I was going to Spain

to visit friend - He asked who -

I (It) was Raf - he got a bit cold

so radio silent a few days +

then he text me

Felt tempted to say "I'm not sleeping

with him"

| He does this all

| the time -

| then weaponize that

| later - Then call -

| so great + lovely -

| it's the kids + ex

| He make you feel abnormal to

| impose normal standards

| on him

| In Paris - press

| tour - his ex

| came - my heart

| sank

↙ brought it up

later "no baby - you're

the love of my life"

Amber 5

Comes back - he tells me to come over for wine - don't even go in main house - go in 80 - music mancave sit in car b/c he doesn't answer text - security directs me see him - we have wine + we talk + it's amazing he rx (**reacts**) a little about me going to Spain (I could tell it was issue)

don't
rem(**ember**)
order

He said what are you doing for New Years - Spain → Miami - I changed flights - His sister put me up in hotel - I was so excited - flew to Exuma - I insisted on paying for incidentals Just 2 of us on island (and staff) so romantic - tiny paradise He'd sleep all day - then up all night drank more than anyone I ever met - but I don't think he was drinking then then sober again

never went to main house
or others for some time -
I didn't want to be a
mistress

Christi + assistant arranged
all this
still not sure I'm a
mistress

He was "not drinking"
after press tour -
didn't make big deal

First

we meet in NY (Dec - before Islands)
He was drinking so bad
At dark, I'd drink wine with him
In morning, he'd drink champagne
I'd run errands + audition + then
he'd be sleeping
I got my own room in hotel - but never stayed in it
First time he indicated to me why he disappeared - He said he "got sick"
I thought the ex - that's what drinking is about - He said he'd "gone away"
I didn't want to push it - He talked about Keith Richards + his doctor so I put a few things together
↓
so go to Island - not drinking

Amber 6

then drinking tea -
then obsessed with tea
so now I'm buying tea + tea cups
I have my new apt + stocked with tea
≅ (for about) 7 months - 0 alcohol - just tea
Now I'm getting to know people - security,
sisters, they all say he's never
looked this good

(-) viol(ence)
extremely controlling
extremely jealous
interfere with work

work 2012

every job not good enough -
that guy is a fucking joke
"Kid if you need help, I'll help"

If I didn't text him right back -
he'd not call for 2 days -
I'd be afraid I lost him

I learned to
just be vigilant, answer

I'd say to him "I don't understand
why you don't text back."

1x - car broke down - couldn't call him -
called Brandon - said "Johnny you don't
answer your phone"

He put me down

If you provide any neg(ative) reflection - it's
your problem - your fault - make me
feel weak + needy b/c I had an
expectation

He'd say "I'm coming
over" "I'm getting
out of shower - be right there"
Be 6 hours

So I'd have to stay -
call + text

I'd miss flights -
risk being bad guy
b/c I didn't wait

I'd fall asleep crying
1:00 am - what did
I do?

did I piss him off?
Am I doing this
wrong?

Riddle(d) with anxiety.

never had
this before in
rel(ationship) -
I know who I
loved
Not been hurt
or aband(oned) or
rejected by
romantic
partner

thinking I lost
this shiny thing
Always think I'm
losing him
No normal standard

Amber 7

he's a flake or high or drunk
strong sense he didn't do the direct breakup
with her - He'd just avoid | split | run away
"I'll be right over kid"
Then I couldn't confront him b/c he withdrew or
disappeared
every year with him
income cut in half
less auditions
less time with friends
so regular that he was late
but then when he was there - he was there -
when he directed his attention toward you -
it was the warmest glow -
made you feel so - so sexy + not in a
sexual way - so warm - so you forgive
him

1x - he's supposed to be over 2 in afternoon -
but at 1:00 am - I fall asleep - Then he'd
withdraw - disappear for 2 days
Feeling so confused - I was never needy
before - not even saying half my
actual needs -

at some point - he gets job - Lone Ranger -
I join him - I can't go on set -
I have to sit in house all day -
painting + cooking + it was nice -
I'd worry about work

at beg(inning) of rel(ationship) - Wolf of Wall Street - he
said he'd call Martin (Scorsese) - He read
script - said there's nudity -
I had to say no no - I wouldn't do
that scene

Did audition with Leo DiC(aprio) - It was great
had to make concessions with Johnny -
I know how it is - you're going to go to dinner

insight?

not sure
what I could see

Dr. Bonnie
Jacobs

not supporting me
he never supported me
∅ shared account
∅ credit card
my own \$

tearful

crying

Amber 8

him wanting to call Leo or Martin -
felt threatening

we fought about what pants I'd wear
for audition -

He said my ass was perfect
"oh kid - you want to get a job just
being a perfect ass - wear those
jeans"

he also insinuated trying to use my
body for audition

I pulled out mom jeans + said I ↗
won't use makeup

JD didn't talk to me 2 days while →
in NY for audition

Just jealousy He'd
I think I = go down
felt it's because the list
he really loves me -

But now not in doghouse
anymore + rationalize
oh he was just hurt b/c
he loves me + he was jealous +
that's why he disappeared

encourage acting?
opposite
encour(age) me to quit
to paint
I was 25 - he asked
about babies - I said
I'm young

later he said he spoke
to Martin

later I found out he
thought I was out to
dinner with Leo
"no no I didn't go to
dinner"
"you f---ing flirting (with) him"
"you're fucking texting him"

mental + psychological cartwheels
to justify why beh(avior)
was so strange
I could never find
out what the what
was

Amber 9

Oct 11, 2019
10:00 - 6:30

AH
Eval #2

first trip - Exuma

Dec 2012 - we were alone

He was not drinking - last thing he'd do was

say I have a prob(lem)

"Oh I got this fucken thing - my liver"

"But I'm not going to not drink forever"

badge of
honor for
them

In retrospect, embar(rassing)

that it wasn't so clean -

I left at 16 y/o

Dad - both charismatic -

they loved each other

they spiralled together

we were genuinely worried

Johnny would def pass out -

afraid Dad would hurt

Hunter S. Thompson - journalist

rebel - abusive

Johnny's hero

Dad know
hit?

Rocky took picture + sent
it to mom + dad saw +
freaked out

He was so mad - screaming

at me on the phone -

mad at me + wanting to

kill Johnny

words
bouncing
off my
head

I was going to f/u (follow up)

concussion check - head

hurting

(I can't overtly back talk)

to him

He was yelling at

me with such pain -

I said "STOP STOP

How do you think I

got here"

"What did I always tell you

baby girl - you never hit

a man"

He has actually

drilled that to me -

He raised me like a

rough son - a boy

I was a bit naive -

My parents active addicts

(I support them)

Adult Child of Alc -

CoDep

I left age 16

Dad - opiates (lot like Johnny)

70 y/o, tall, charming, chav pig,

but I love

↓ (+) etoh (ethanol)

recently broke bunch (of) bones

bought them house in Joshua Tree

Mom 63 y/o - ETOH + benzo + speed

| food + bev(erage) at hotel Calif

Sister - Whitney 32 y/o

1/2 sister - from dad -

about to turn 50 y/o

7 kids

catholic

Mississippi

Dad - David Heard

Mom - Paige Heard

changed name to Depp

kept Heard

prior - Amber van Ree

I always thought this

was masculine chav

bullshit

Amber 10

(Dec 2015)

at that point - I was well seasoned in seeing how
I was trying to defend myself - He was right
anytime I raised my hands up or tried to
swat him away - it got worse

(Dad) He was trying to
keep me safe in his
own way

tearful

1x - I can only remember landing one blow on
Johnny -
I know the scuffle - fighting back
But only once can I remember landing a blow -
There's this incident with my sister -
Johnny cheating on me with one girl -
He went out to her house day after
wedding
So this is months later - sister living with us in
adjoining apts
He burst in room
A fight culminated on stairs
I remember him having me by hair - first throwing
things - wrecked my office - Debbie nurse
there too

Whitney comes downstairs
He had rushed up the stairs
He slapped me on face -
like "yeah - yeah" - In my face

all
connected
top
floor

2015 to end
lot of my hair + hit my face

she comes down the stairs -
goes to break us up
with his right arm he goes to
shove her away - she was
at edge of stairs - 5° shift - she'd
go down stairs

I've never hit somebody - 30 y/o at this
point - never punched someone - never -

As soon as he made contact with sister -
no panic - it was clear - I slapped or
punched or something - landed a blow -
I had no option

PH
apt on lef(t) - security lived
P5 - closet, middle landing
office, painting studio



P4
P3
P1 - Rocky (Raquel) lived | husb Josh
P2 - (next door to P3)
His best friend lived
there

on his face - I think -
head or face

Amber 11

my sister - only one year younger - but taken care of her her whole life
when little - got her up in AM - packed her lunch
I'd start a fight with dad to get her away from him
I had known - he pushed an ex downstairs - Winona or Kate Moss

I spoke to Kate - she talked about jealousy - way she dressed - couldn't take roles - slap her around a bit - "but that's how it was" "we were rowdy babe"

Dad worked construction - high EQ hard worker

I always focused on educ(ation) - how to get to next school - what is better

Mom + Dad (+) DV

Mom - bartender Red Keg state of TX - working in cubicle for the state Super high IQ

scholarship had to make grade av(erage)

K → 4 St Austin's
← (bullied - I didn't fit in - parents so went to Public Sch(ool) said b/c poor) 5-6 Public School Manor Middle School

I saw that saw him push, shove, slap, more about what he didn't need to do - there is no arg(ument) in mom left there is no backtalking her as kid - tried to get her to leave - Pack her bags put Whitney in suburban on way to school - I'd look at billboards to see which motel was cheapest

went to Charter School for summer + then got Whitney in - then back to St Gabriel's

St Gabriel's — school that is feeder school to St Michael's went to school library + signed myself

we lived 20 min outside of Austin

got award - accepted top Scores - went to Houston - one by one + got certificate

7 + 8th St Gabriel's
it was hard school to get into high standard (but already held myself to high standards) Think Duke had program - took SAT



9th, 10th, 11th - St Michael's -

Amber 12

I worked while at St Michael's -
once I figured out bus system -
went into Austin - freedom -
Dual credit at Austin Comm(unity) College -
9th Grade
↓ wanted to expedite process - wanted
out
so finished HS career early
took SAT again ✓
Got GED ✓

Age 16

Doing modeling in TX
Came to NY - stay with guy/scout | then met friends

Went to Miami - talent agent type scam
I was to (the) only one with guardian
Bounced around
Audition all the time

College (Austin Community College)
Oceanography, Spanish,
English

California

took classes - but drop b/c
got job
take just for fun
online too

Then moved to LA -
rent spare room
celebrated my 18th bday in LA

JOB

Pool - lifeguard (summer)
Children's Hospital (no \$)
Dad's office
Little model agency - like
etiquette school
↳ people starting to say how pretty
you are (from ugly tall
skinny kid)
camping store (met Rocky)

EDUC(ATION)

in HS dx (diagn.) ADD - | on UT
10th Grade | campus

↓ Needed tutor in Algebra +
Chem(istry)

they RX (prescribed) some version
of Adderall

current - have been RX (presc.) 5mg
tablet
when c/o about ability to
focus + recall lines
but could be 18 hr work +
travel internationally
only take sometimes

(-) expuls
(-) fights
(-) LD
(-) suspensions

Amber 13

Johnny

"I'll be fine - I'll be fine - My liver"
I had never been to AA, Al-Anon -
Didn't know dynamics of recovery

He'd insisted that —
I drink - That I
not alter my drinking

but when he was there -
when Johnny shined those
beams on you - you were
basked in that warm glow
he was such a recluse - so private -
(fame + his personality)
couldn't do things spontaneous
so intense time with him - music
blaring - sounds - smells
I cooked a lot -
He had chef at movies later on
so isolated + intense

When he left - so anxiety - if he was
mad - he'd punish you - like just
let me know if you're not going to
come over
audition - He talk so bad about dude +
process - I'd feel confused
"Water that fucking ambition kid"
So I'd say "I don't want to but I | try to mitigate
have to work - I have family to | damage
take care of"

not belligerent + angry = He's not gregarious +
outward + You wouldn't know he was so
fucked up until it was set off -
This was early on
He'd stay at my place a lot in beg(inning)
He was using coke (mix with pills + booze) = ALONE

how you not use -
so obvious to me
and then adderall -
I could see how it could
be like a drug
still so scared of taking it
My genetic chemistry +
common sense

I'm into red wine -
I don't get drunk
especially with Johnny

typical
1-2 glass of red wine -
at dinner

passion project -
Sonoma - block that
I lease

Amber 14

West Hollywood | So one morning I'd wake up - in my house
on Orange - He was upset about feelings - working in riddles
painting over my bed - He's not telling
me why - He's never direct - And I'm
doing this wrong + that wrong - I wouldn't
know what I did wrong - Then I'd answer
in the wrong way
Going on for hours - lasted all day

March 8,
2013 | He had Keith Richards + Tom Waits waiting for him
at 80
People calling me -
Then he's using right in front of me
He tries to light fire to the painting -
my ex-wife gave to me - He tried
to - but so fucked up
Then wrote on it Tasha (Tasya) Van Pee (like a child) (like urine)
He hit me - it was daytime
I think when I stopped him from
lighting it on fire + tried to move
his hand - triggered him - He backhanded
me

very very controlling - old school -
he had certain ideas - specific ideas
about being a man + a person -
with respect to him -
That seemed safe -
Felt romantic

Rules

I was his
He referred to me as his property -
I was in his phone as "Mine"
Called me "Kid"
endearing at beginning
He thought nothing of my career
Antagonistic toward my career
He downplayed my ambition

Amber 15

cared how I looked -
sexualized me to others
my bday dinner (he was at studio - "working"
with Marilyn Manson - high (weed constant - all the
time - chainsmoke blunts + cig)) fav memory of me
Came in - we were cleaning plates - /
we sat down - everyone gave toast - he talked
about when he first met me - left perfect assprint
on sofa + me the assprint that left it +
wouldn't let anyone sit on it
it broke my heart
all these people talking about fav memory of him +
his archive of 5 years - best part was my assprint -
not my integrity + staying with him thru detox +
my kindness + my generosity

When not using, consistently wanted	"protect me"
his security all time	what do I do in my trailer or
follow him on job sites	after work
cook his food	
wait for him	
wanted me to be preg(nant)	
wanted me to change psychiatrist (Bonnie Jacobs)	
so not sustainable to see her	
also I still believed I could fix it	
didn't want me have my own Doctor	
then put his nurse on me -	
then Dr Kipper sent me to his psychiatrist - Cowen -	
they are sharing info	
Riddled with anx(iety) + dep(ression) + cortisol levels off the	
charts - so stressed	

Kipper etc
they'd say to me:
You guys have to stop
Chrsty (Christi) say - "He can't
be late like this"

He'd be at a bender - couldn't leave him -
also didn't want him to go off -
I'd try to fix it
I was in love - but then he's mad at my
self

He'd say when my tits +
ass go - then what will I have -
sexualizing me

Amber 16

I did feel bad doing a sex scene -

Liam Hemsworth - shooting in Philad(elp~~h~~ia)

there 2 months

Beh(aviors?) were retaliatory

In beg(inning) - just disappear

excuse attached - kids, Vanessa, medical

Then - b/c mad at me

I had dinner with Leonardo DiC

come out in fights - He explosive

Then sleeping with this dude + another

But Johnny never clear enough what he

was mad out (about) - He wasn't direct -

He wouldn't say that - come out

in fights

when drinking +
using he'd express
the shit he was
ruminating about

Jealousy

my own \$

took my car from me

surprise I'm getting it fixed for you

insisted I be driven by his guy (or stay home)

did movie here in NY - they put me in cast hotel -

he put me in house (Hamptons)

I let another girl stay - "she's pretty - big boobs" -

now I'm realizing he's thinking I'm sleeping with her

Shooter Jennings - musician

that we slept together

this would come up again over + over again

"That's not what I heard kid"

then "You're fucking lying" then worse - make shit up

1x - we are all in green room -

me - Johnny - Marilyn Manson / Shooter

later - very shitty to me -

so I said "I don't even know

Shooter - call Marilyn"

so he called Marilyn + Marilyn

was like dude, I didn't say

that - Shooter didn't say that

(never heard Shooter's name again)

run into them in hallway -
I'm bracing myself for something

I had to not invalidate
Johnny's rage
"I want to see what this
guy Shooter is saying"
almost indignant -

≅ 2013/
2014

Amber 17

He's a cop and gets call in middle of
/ day from Johnny Depp

Rafa - He called him

Rafa doesn't speak English -

I had to send an email - write it in front of him -

I had to keep explaining things -
make rational sense of things -
fix things

Johnny puts it thru Google
translate - Rafa writes
back - Johnny wants to take
it to someone else to translate

He always thought I was lying

When I was sitting in restaurant -

I could not look up -

I was flirting - asking for it

I'd just look at him + our people

Of course I'd look at people b/c of their

clothes - I don't see them like an
object like a dude

He'd bring them up in every fight

Skirt length

tight pants

He'd say "You trying to

advertise that kid -

maybe you'd get

discovered kid"

"You want to show that off

to the world - okay"

"no girl of mine going to dress

like a whore"

NAMES

Mad

cunt

bitch

whore

easy

ambitious

he'd say "I'm not ambitious"

ugly

ass fat

tits sagging

already

not looking that good for my age

he weaponized

feminist

call me a dyke +

feminist

volunteer Children's Hospital LA 12 years

since age 18 or 19

event fundraiser - I go - since 2008

I make that - early January

I left the island to do this - first time on

island - Jan 2012

He didn't talk to me

track

found file on his computer - on phone with his

assistant - looking for something

saw folder - NO FUN FOR JD - it's a

collection of me from Red Carpets -

1/2 time fighting with me before those events

even while getting ready - everything I

was doing was wrong

Amber 18

he'd call hotel room - talk to

security guard -

then not talk to me for days

not once did he say - you look nice

I had 7 stops (?, steps?)

never you looked pretty last night

it was where are you - where were you -

when you get home

side boob - He made me feel so

terrible -

I couldn't figure out if I was

doing it to myself - was I

obj(ectifying) myself? He was more

experience(d) - I didn't know

we were Steve + Slim

(Humphrey Bogart + Lauren Bacall)

so many parallels

wear with him -

He'd never let me leave house - too sexy -

too short

gentle scoop or something

if I put something on, he'd make me feel so bad

about what I wanted to put on

"that's what you want to say

to the world"

eventually avoid the

fight + wear something

had to wear bra - oh my god yes

this okay?

I wouldn't want that for my best friend

or sister

But I could take it

He had a lot of fear + anx(iety) + I emphathized

with that - The broken little boy in him -

so removed from life

His fear - 1/2 his age - sex symbol - in my prime -

swing both ways -

wanted to assuage it

didn't want a fight

80 - folder - pictures

of me - red carpets -

zoomed in on me -

see underwear

side boob

see nipple

that one press tour -

didn't say one nice

thing to me

zoomed in on these

transgressions

like tokens of my

infractions

and He did see them +

I did feel pretty +

He never said anything

sleeveless shirt -

was ok - if not too tight

then got worse +

worse

tearful

Amber 19

me living in his house
me being on his phone plan
making me cry in between interviews -
 what time I turn on privacy light -
I made concession after concession -
 then I'm "choosing" to wear those
 clothes
Don't see my shoulders
Don't see my chest
Lost a lot of weight
 went from 135lbs → 102lbs at divorce

Confront the folder you saw?

No - didn't want to
 have fights about all
 those events
what could he say to make me
 feel better?
anyway - I'm asking for it
an equation - How much would
 Johnny believe it or grab onto
 it when intoxicated or manic episode

He made me use his stylist - (Samantha McM(illen))
 she knew Johnny's rules - (he didn't want me to wear sexy)
 trying to marry the two -
 she + I work together to find a balance

he had my calendar
his assistant synced his **private (?)** calendar with mine
he took my car from me
didn't want me to be alone
when + where I went on location
was not allowed to fraternize with cast -
 couldn't go to wrap party - I'd say
 "but we go to yours"
couldn't go to my own premiere parties - Paranoia -
 flew my family in

(-) ED
(-) body dysmorphia
zero issues with
 food/eating/
mom has anorexia

other time - Toronto
Film Festival -

Amber 20

my income cut in half while with him
the bullying for "trying" - auditioning -
the psychological + emotional batter - just to ackn(owledge)
that I was doing an audition

hide my prep -
if he walked in - shuffle papers -
hide hanging out with Kristy (b/c we
ran lines - she's my acting coach)

always excuse me of having someone or something
he'd call jobs - call people I'm working with -
called Peter Berg
called Scorsese - b/c working with Leo
called director - accused me of sleeping with him

wouldn't say why

Flight to Boston

May 24
2014

filming movie with James Franco in NY
he's really bad on dope - oxy + other things -
street Xanax - bars
Johnny is in Boston - I fly on his plane -
going to pick him up + we'd both
fly to LA
nod out - talk on loop - then mood change -
then be mad at me - b/c he's misunderstanding

no one confronted
him directly

1x he literally made up
an entire conversation
long pauses

consistent cycle -
great / fine / reformed /
I'm sorry / contrite

↓
things good -
sober

↓
then little things -
late - doesn't show
up - snaps - making
less sense

↓
I'm trying to adjust +
pay attention to all the clues
vigilant

↓
Then he's in a dif(ferent) world

↓
mad

He started recording
I started - as a way
to figure it out -
part of his recovery -
so he'd remember
Always for us only
our ears

I had to
figure out
what Johnny
I was dealing
with

sometimes
it was okay to
say "I'm sad
that you are
not here"

—



Then -
no it didn't
say that -
so He'd * recording
* (show? be? make? start?)

zero part
of reality

He doesn't even
understand why
he's mad

—

Amber 21

| He's doing Whitey Bulger

Boston

so at that time he was very mad at
me

Rule - no sex scene

no visible boobs / skin
fought me having romance
scenes - kissing

He needed to know every detail

Had script

He'd call producer + director

"Don't worry I got eyes down there"

I was his

I had to tell my agent -

no kissing - no romance -
walked a fine line

Adderall Diaries - (little indie film)

walking fine line

I really internalized it - told
director I didn't want to be
sexualized -

told him before it - I had to - He
freaked out - Had to explain
nudity

He was sure James used tongue -
he said he found out

He's mad - but he sent the plane

I sat on Tarmac \cong 1 hour

Then SUV shows up + he's just sitting
there - not getting out

Takes more than hour

Door opens - smoke flows out

Assistant comes on - I ask "How bad is it?"

He said not good

He got on plane - He was so mad at
me - eyes black - look down at me -
not there

Instantly - I could tell

How do I not provoke him -

tearful

Amber 22

I know the rule - don't take bait -
don't rationalize -

He says "so - you have fun?"

"I bet you did"

He made an extra big deal with his assistant -

Keenan - was a friend - also dates

Christy (**Christi**) (sister)

Now Keenan having great _____

time -

doing O₂

drinking champagne

(and Johnny never really paid

attention to Keenan)

but Keenan would

commisserate with

me on Johnny's

drinking - we have to get

him help

Johnny said bad things to me

about me + Franco → like oh is it James

this time

normally - no one sits

near him - you have

to be invited back -

He called Keenan back -

hitting O₂ tanks

when Johnny got sober -

everyone was singing my

praises - Johnny wouldn't

do it for anyone other than

you

So I got up to sit in another seat -

JD "Hey hey - where you going"

He threw something at me - small things -

cork of wine / pens

"Hey little girl. I know you hear me. What,

are you too ashamed to look at me -

after your escapades last night"

So I'm like it's easier to go sit with him

I say something like "sorry - I'm tired"

He just started in on it

D(**on't**) R(**emember**) what happened first - Keenan got up to be

respectful of our space if having fight

He said "Hey look at me" - I rolled my eyes -

He smacked my face "Hey look at me"

So emb(**arrassing**) - hit me in front of people - call me

these names - so emb(**arrassing**)

I felt like trash - so small

I crossed my hands - "You tough now" he

smacked them open + provoking

at some point I'm like this is enough - I get up -

he slides the chair into me -

I just look at him

early 2012

best time for us

he got Lone Ranger

went with him on set -

lived in cabins -

I cooked for him

He'd go to work + came

home + consistent

tearful

crying

Amber 23

now I'm like I'm sad I'm not going to get
my good weekend - in LA together -
so sad - I was so sad

I got sit down

He comes up + sits facing me in Centerpoint

Savanagh ([Savannah](#)) gets up -

He calls me names - accusing me of fucking Franco
insinuating he knows people - people calling him -
I didn't know what was real - did I have the
reputation

I'm not saying a word - nothing - stoic

Up to the point - when he got hitting - pushing -
accusing - I wouldn't say or do anything -
never did anything - became statue
I wouldn't say anything / do nothing verbal

I check out - I'm a statue

I get up - again - to another seat

At this point - people are watching - I get up to
walk away - He said "you fucking walk
away from me" then "Yeah" - and he kicks
me hard - weight in it - I had a boot
print on back

I fell to ground

no one moved - but everyone flinched

help you up

noone

I get up - more toward Savanagh ([Savannah](#))

Jerry says "you alright love" - shook head no
Savanagh ([Savannah](#)) reach to me - she had
tears in her eyes

Keenan gets up - not directly but hey man
lets get a drink - brings him to back
of plane

Steven ([Stephen](#)) (assistant) + Nathan (assistant) go to back -
distracting Johnny -

He's yelling - James Farto (changes name) - yelling it
whore cunt slut bitch
enjoy your life sucking cock

everyone moved
to the front

he —
passed
recently

Amber 24

trying to bait me -
then they wrangle him into
a distraction
then he'd say - "you still up there bitch"

He was 280 lbs +
6'0'

in general - we are isolated -
only his people - cabins
this time - just in metal tube

living with him at this point -
in the studio -
planning on re-doing main
house - the ex moved out -
called her "the witch"

I say to Savanagh ([Savannah](#)) - when we land -
get an Uber - I knew I couldn't
go home - I couldn't stay -
How hard it is to reconcile who
you know you are - Strong woman - Feminist -
How could I let this happen

Never moved into that
main house
we were redecorating -
my dream to make it
my house + have a family
like our dreamland
I was so excited
sketches
where our kids
would do HW ([homework](#))

I rem([ember](#)) 1st time when he hit me -
thinking "Fuck - I'm going to
have to leave this man"
I didn't even do anything to make
him mad
I was sad that I'd have to break up
with him

I think I was going to stay at hotel

He's still trying to provoke me
He's rowdy + mad
"Hey, you goddam bitch - you know you
fucking hear me"
He throws his boot - missed me - hits
wall behind Savanagh ([Savannah](#)) + hits her
shoulder

everyone around him is
paid - they are all paid

One of the assistants is like - "everyone ok"
at some point - commotion
he's passed out in bathroom - locked in
they got him when landed - their
luggage
we got to Chateau Marmont

take pics? not thinking about it
no - why was I ↗
going to take pic -
Savanagh ([Savannah](#)) saw that
there is a boot print
I'd call iO + Rocky + Savanagh ([Savannah](#))
They'd cry with me +
order room service

Amber 25

May 5, 2014

After Met Ball - pop + intense seering (searing) - it's like
a pop - fire up your face - then instant
blood

(saw ENT recently - (+) scar tissue)
he said from breaking my nose

He was jealous about a person - I rem(ember) him
pushing me - fell into glass table -

didn't break - shit on it broke

[tearful]

He was knocking things off

I get up - "You always think you're so
tough"

shoves me again

[crying]

I try to shove him back -

Hit me like a man - he has rings

tearful

He got sober after that
committed to it

←

He chopped off his finger in
a fit of rage + wrote
messages to me - thought
that would be rock bottom -
so hard to justify why I
stayed - so couldn't be
honest with people

other pics

it was to send to Rocky -
as in - make light of it -
trailer night - Like I was
at Met Gala + then look -
my fucked up face

↓

It was important to me that
people don't think I'm a victim -
strong - not a battered woman -
still I feel like that

I wish a stranger did this to me -
it would be so clear - I'm not a
perfect survivor - I chose
my attacker - everyday I
choosing to be with him

The shame

My whole life I was determined
to not be like my mom -
came back from Australia -
still in pain + sore

Sat in P1 with Rocky - trying to
be open

she said you got to stop

How is this not the same

thing you crawled out of.

It's the same shit - just more
expensive furniture

After plane -

everyone texting me - Johnny wants you -
he's so sorry - critical juncture - we are
going to get him sober
got Dr Kipper in - maybe this was his
rock bottom

Amber 26

I'd been going to Al-Anon
went everyday in NY
Talk to Seth iO's dad - He was junkie
getting advice
I knew I shouldn't go back
Getting updates from his asst ([assistant\(s\)](#))
Sober - clean - so apologetic
doctor - sober coach
"monster's never coming back"
"I killed the monster - he's dead"
He's still using opiates
Debbie - nurse 24 hr/day
Kipper - in Boston

Aug 2014

part of lure - so committed to being clean +
sober - But using opiates -
he had his regimen - Debbie there -
one moment on Lithium + accidentally
spilled that he up his own dose | weird -
He had to finish the movie | b/c he was
He conned them to giving him | nodding out
a lot more
up until then - worst week of my
life
detox off opiates
Debbie's there - I had to fly out -
Kipper has to fly in
He was having reaction - everything good +
then everything wrong
Nothing made sense
I was responsible - taking BP every 4 hours -
eating this - drinking that - cleaning up bed -
giving meds
wander off at night
He got mean + mad at me + he fucked with my head
so much - try to make me believe something - I did
wrong - if defend myself - provoking - walk away - provoken

crying

[JD psychology/psyche \(?\)](#)

Kipper said BiPolar -
manic-dep([ressive](#))
psychosis - speak to people who
are not there
stay up for 4 days -
writing + painting
then be really down
enraged
punching things
talking about things that
don't make sense
Kipper said "drug induced
psychosis"

Amber 27

I was blaming myself

I couldn't talk to iO - Whitney,

He'd create an issue - become impossible to be with

I was isolated from support

that person - they hold me

He tried to get rid of Savannah (Savannah)

accountable for staying in rel(ationship) +

I had to beg for that

so ostracized by him

I'd have to

agree with him - "yes - she's stupid -

but I need her"

He had weird reaction to meds -

He's not a sexual person in general - he's not
something made him really sexually aggressive -

moods so up + down

He wanted blow job

grab me by the hair - kept doing that

to me

felt relief that this could turn romantic -

I just didn't want him to be mad at

me - that we were ok - blame at me

was so intense

my lack of reality

check

so anxious

wanted him less mad at me

At first - okay - you're being rough - but maybe

lead into intimacy

but - no - it felt like him banging me in the

face or wherever

For a few days -

I was trying to make him

happy though

sex / intimacy before that

hard to get him to have sex

low drive

hard getting hard

he wanted to give me oral sex -

but about him - to (*illegible*) the person

I was with

when he was sober - we had sex

it always felt indulgent for him

Amber 28

May 2013

Hicksville CA (Desert)

kitsch weekend spot - punched out
lights - broke stuff -
slammed me against wall
slapped me (I asked him if was using)
helped me up + slapped me again

[He would just destroy things -
in general - break glass next
to me - punch wall next to me]

then he goes into loop

↓

My whole life became taking care
of all this - The honey spot was
so sweet - stay in that cycle -

↓

when I work - he uses -
we fight - then I'm part of it -
then the monster is back +

↓

impossible to deny

then talking about me using drugs + I'm not -
I was managing this

He's accusing me of hiding his drugs + using
them (he'd call me lesbian camp counselor -
catholic morality cop -

↓

vice cop)

I always try to rationalize with him -

I'm wearing this little pink summer dress -

long - spagh(etti) strap

He checks my pockets - pats me down -

He rips dress off

Does cavity search -

fingers up vagina - shoving them in + out
of me - didn't bring him pleasure
certainly not me

I crossed over = no words

Ask me ques(tion) - "look what am I going to
find in there - oh - yeah - you like that"

shoving his finger - I don't feel anything - I know there's
no point

If I can't reason with him -

I'm a fixer - I am responsible for
my fate

I just rem(ember) standing there naked - I'm angry -

fucking enraged - at some point it stopped

see him in bathroom - looking behind
mirror

1x did drugs with Johnny -
1st time + last time

June
2013

[1st sex(ual) ass(ault)]

[crying]

I don't think said
this story before ———

taunting
me

facing me
right in
my face

they had to clean
up trailer next day

JD grabbed a person's
wrist - Liz - "you flirting
with my girl - you want to
fuck my girl"

[crying]

transcribed by Angy/deppdive.net

HUGHES0053

Amber 29

Sex(ual) ab(use)

Jan 2016

1x - on the Island

shoved me up against bathroom - I
 was washing my pants b/c he was nodding
 off + spilled wine 3x - His kids were
 there - I said "Johnny you're nodding off"
 I went to closet to get new pair pants -
 Jack watching Bob's Burgers -
 He comes in closet - no door - beads - the Island -
 Slams me up
 "Don't you ever fucking talk like that to me -
 Don't ever talk to me like that in front
 of my kids. I'll fucking kill you."
 on lower throat - slams me - (he'd do that a lot)
 up against wall - my head hit hook
 D(on't) R(ember) what he said next
 He looked down - I think I had bathing suit
 bottom on + t-shirt - I picked out white pants -
 I rem(ember) thinking I can't sit next to him with
 white pants

{ angrily -
 spoke directly - hushed but annoyed

I just rem(ember) him looking down
 Yeah "you like that"
 "oh-oh"

shoved his fingers in me thru bathing suit +
 and grabbed + held on to me [crotch with fingers inserted]

"you don't seem so manly now" { b/c being assertive -
 but I'm being sensitive to not
 being my mom - So I had
 decided at some point, I
 had to defend myself - but
 sometimes it wasn't worth it

1x - side of bed — Think bday 2016

shoved fingers inside me | I was on my back
 "yea - you're so tough"

Again for one sec, thought it would turn to sex - that would be happy - I wanted him to	maybe that would calm everything down	He was too impotent All I wanted for us to stop fighting
---	--	--

A version of "you're mine" = All the time
 "I fucking own you" = All the time

| I'm not fighting him
 | ↙ on this

had to text right away — No I'm not fucking someone -
 No you don't smell cologne
 No someone not in closet

Amber 30

if anyone knocked on trailer - sweating

London Fields - horrible 2014

Could have luncheon tent

1x - with parents + Johnny - I had loved

Titanic as kid - Leo on TV - Mom

said "oh look there's..." I gave

her a look - she stopped - I would never

live down a childhood crush

1x - Jonathan Reese Myers ([Rhys Meyers](#))

friend said - oh there's that guy who

you think is cute -

my body flinched - Johnny didn't

that detox weekend - Aug 2014

chalked it up to the detox

I didn't understand the -

I'm not my f-ing mother -

not a battered woman - didn't

want to be a doormat

I will speak up even if it gets

↓ me hit

He can't detox entirely

Back on benzos

↓

seeing real network behind him -

this private doctor - his pill list -

nurse 24/7

pill regimen

↓

his doctor

his psychiatrist

I become more + more alone

↓

I was the nurse

Johnny cast himself in that movie +

Jonathan out - 3 day role

He had his security guy in room

next to me

Emot(ional) torture

psychological warfare

I asked "*permission to go out one

night to concert I was invited to -

Sept 2014

"my girl doesn't go out"

(*2nd " missing, not sure where
quotation ends)

Amber 31

marry him

I was on a drug - high
Johnny split - he'd leave - runs from all conflict -
does not accept neg(ative) feedback / critical feedback
I'd be left with damage / injuries / noone
would talk to me
He'd break my phone - couldn't get them -
needed info - they wouldn't talk to me
Then when he wanted back in - so loved + romantic +
spoke poetic + laid attention on you - felt powerful
All the time - "I killed the monster baby girl"
I wanted to believe

This time he did something different - always something different to cling ont(o)
a chip; a nurse; a doctor
He'd split - I'd be tortured
damage to house - to my heart
he never had to see the mess
his vomit - the mess he made
most padded thing in the world
so many lines had been crossed - hard to justify
leaving - hard to justify then not staying - so much -
I loved him so much - so deeply
but I really thought he'd get better
marriage - not be jealous - ring on my
finger - maybe he'd feel safer -
maybe be ok to not have my life -

put telling kids off for
a year - told
them with "also
I have a gf"
left it to his
sister to say

my dad hit
me until I
left home

prenup

his sister brought it up to him
in Tokyo - he brought it up - I
said okay - He only indicated to me -
I said I'll get a lawyer
Let's do it
He said "no I don't fucking want one -
I trust you" He's saying everyone
is pressuring him - The grownups he'd say
I called Michelle Mulruny (Michele Mulrooney) - she said this takes
time - no way it will happen
we also both had jobs - I went next day -
Danish Girl (He was going to start Pirates)

got on flight next day
after wedding

Amber 32

He's not able to have a direct conv(ersation) -
not able to express himself
"why we not going to have a wedding anyway"
we're screaming - I'm crying - He shoved me -
I said I can't fucking do this
He said let's have a symbolic wedding
Lawyers were hustling to talk + work something out
Chrissy (Christi) "yeah, you working on it"
planned to do it legally at his mom's house - Beverly Hills -
Betty Sue
Chrissy (Christi) called someone from phone book
Johnny never responded to lawyer
Spoke to my atty about doing post nup

1x - Mortci (Mortdecai) -
they couldn't wake him for 3 days -
end 2013
so bad - no one takes sick days
everyone freaking out
"this has got to stop"
↓
then they are like -
Hey Man - How are you?
↓
then I'm the bad guy - I'm the
only one who told him

Australia

I hadn't seen him in a minute (I was trying to stay competitive in
He's filming Pirates work - trying to white knuckle it -
I know already - he's dif(ferent) income went down 1/2 since with him
He was really unavail(able) before became unbearable
during my work - 2014 - Magic Mike -
He accused me of Eddie Redmayne the torture he put me thru
(Danish Girl) (I'd blame myself - I had to tell him my
well - I fell in love with Johnny on a character - hippie - baggie clothes -
movie) He'd call Channing - several times)

↙ On phone - try to verify we are not
fighting - layover in Dubai
punishment mode when I'm working -
accusations → avoid

↳ so he says he wants me to come
He's thin
doing blow + speed |but I never know
what I'm dealing with
wanted to connect with him - wanted to have sex
with him - he didn't really want to - but we
did - he went to work
I had to walk on such eggshells

Amber 33

then he wanted to drink the weekend

"well why can you drink"

I said "you're using this as a device"

He pulls out a bag - ecstasy (**ecstasy**)

I had some kind of neg(**ative**) response + fear

"Ms Judgment. Ms Moral Authority"

JD said X (**ecstasy**) was not part of the deal - this is

OK to use

I said something mouthy - D(**on't**) R(**emember**)

He shoves me into fridge

He pushes me

He grabs wine or booze + chugs it (**in**) front of me

I stomp off - go upstairs bedroom

Verbal Arg(**ument**) continues

He won't let me pass - I push him

Then he pushes me - fall like toddler

I get right back up

"You want to go. Want to go"

Slaps me in face - fuck

"you want to fight tough guy"

I know it's coming

I just slapped him in the face - maybe wanted expedite it

He wails off + starts hitting me + so I guess I

brought it up on myself

I call him something mean - like old man

Then he locks himself in studio room

I knock on door to extend olive branch to

say sorry + appease his ego + to get him

out of loop - it doesn't work

something happens in bathroom

He was still up - I went to sleep -

He was on a bender

that's when he brought up post nup

(so I call my lawyer - they drafted something +

still waiting for response)

He didn't believe me - her (**this**) is conspiracy -

had to find proof - Always needed

to find proof to show him

He would never fall -

could not ever knock

Johnny off his feet -

Never knock him off his balance

so he took

a handful of X (**ecstasy**) +

is drinking

Amber 34

he calls my lawyer first
screaming at her + not making sense
so loud - echoing off the water
my fear is she won't take it personally

he calls his own agent

he calls Christy (Christi)

his lawyers

screaming

not making sense

my lawyer sends me email -

Johnny called - doesn't sound well

He barges in - accused me of affair

again - Billy Bob Thornton

This was 3-day ordeal

I'm just hoping he will fall asleep -

I'm blaming it on ecstasy (ecstasy) -

I offered to cook food - prep something -

he just needs to eat + sleep

He whips out bag - only a few left - there

were more than 10 - think he took

another "Johnny did you take all of those"

I knew it was going to get so much worse -

but didn't know what to do about it -

IDK if he was reaching for glass/bottle - IDK -

I took it - pleading with him -

He grabbed me by neck - shove against fridge -

squeezing my neck - breathing on me - smelling

whiskey - saying he could crush my neck

bang around in the kitchen

throws bottle

knocking shit off counter

has me by hair

hits me in face (with those rings)

he always had wore his rings

never took them off

I had nice new nightgown on

wedding present

something breaks

get me by the hair + smacking me

(like he always did)

trying to get him off me - fuck you -

but making it worse

First gift he gave

me - huge long

dagger knife -

This is the only

way you're getting

out of this

dead or alive

You ain't getting out of this dead

or alive

One failed attempt

at mediation -

He handed me a note

we both changed

#s - attys -

heartbroken -

no communication

we'd dark humor

it -

tearful

Amber 35

a lull - quiet - IDK what's going on -
I'm thinking I want to leave him -
"we can't do this"
"I'm afraid you're going to kill me" | I say "hurt" sometimes b/c
I got to bathroom + throwing up | kill would set him off
wretching |
Tried to pack a bag - I had enough | happened many times before
He grabs my clothes - tries to light | when in these fights
them on fire - using his BIC lighter +
fucked up
I'm begging him not to do this - Please Please
I take some time - he storms out
somewhere
3 levels - bottom - pool table - ping pong -
bar - fridge - huge glass windows
toward backyard or lake
I go down there - hoping he's on a dif(ferent) -
I'm trying to fix it - Music blaring -
tell him I'm going to cook
I keep trying to make in (it) normal
He's dark - his eyes are black
Drinking booze from bottle
I'm pleading with him to stop -
He's just so mad with me - IDK why + what
I say wrong thing about drinking like put it down
He really mad "fuck you"
I'm crying
"Oh yeah - you want it - you want it"
holds it to me
I say "yeah" I took it + I drop it + broke it
but that's very bold for me - I'm trying to
make peace for 20 hrs - so something happened
that I did that - white tile floor + I'm
barefoot - black marble counter top
It sets him off
He pulls back his hand - whopps me good -
not with his fist - hits whole side of my face

Amber 36

I end up in the fridge
Pulls hair - screaming at me -
trying to protect myself
Pushes me - I'm trying to block
Shoves me + rips the shoulder of nightgown -
one boob out
But before it gets to that -
that bottle broke - He lost it -
He grabbed another one - threw it
right at me - it shatters on wall past me -
feel it on my back
He grabs another
I'm barefoot
He grabs another - I'm in the corner -
bar + glass window
He hurls bottles - entire glass window
shatters - whole thing
He's continuing to throw bottles - like
bullets - not fucking around -
I still screaming "Johnny stop it -
Johnny stop it"
I try to run - grabs me by hair -
smacking me - wind up by the fridge
at some point pushes me down on ping pong
table - it collapses - I'm on ground -
I think he fell too
can't rem(ember) how we get up - IDR
I try to get out - think fridge thing happens -
hand on my neck + slamming back of head into
fridge
broken glass everywhere - feet shreaded (shredded) -
I'm sliding - arms are cut - I'm
slipping on glass - wet - slippery
I wind up behind bar - by my neck - now cutting
off my ability to breathe
I'm literally bent over backwards - face up - he's pushing
so hard on my neck - I realize he's going to kill me +
not remember

(-) security in
the house

Amber 37

crying

I knew he wasn't understanding how much I
couldn't breathe - I'm trying to get up +
tell him - My feet are sliding on glass -
the floor is completely covered with glass +
wet (about 20 bottles broken)

trying to get up with forearms - still so slippery -
IDK what happened

He had ripped off my nightgown -
I'm completely naked - when my boob was
out - I saw - I knew what was going to
come

He was saying "You ruined my life. I hate you.
I'm going to fucking kill you" He's saying it
over + over again

crying -
(sh?)aking
(+) startle
response
to noise

Then IDK - at some point - I see what he's
doing - has bottle of Jack Daniel's - [inserting]
it in me - I'm feeling the base of bottle hitting
my bone - So worried he'd grab a broken
one - IDK - I just rem(ember) breathing - thinking
"please let it not be broken"

IDK how that ended

I barricade door - all my luggages

Think I cleaned feet + arms + maybe took
sleep aid - I do rem(ember) first aid kit in master bath(room)

I forgot - at some point - there's this old school mounted
phone - my boob was out for this - He punched
hole in wall next to my head - he grabs the
phone - hits the receiver repeatedly into the wall -
getting madder + madder - smashing -
watching the phone disappear - into shreds -
again + again

I'm assuming that's how he cut it off
later when we talked about it - he
ack(nowledged) hitting phone
"I cut off my finger in a fucking rage"

broke it + severed it
all those bones were
broken too

Amber 38

next day - I go downstairs - think
late in the day
crawl out in my room
He's still fucking up - music blaring -
Come down stairs - painting studio
on the sofa - paint - on sofa -
letters - He wrote on the wall -
sofa cushions -
Red paint - but later found out
blood - Jim Sturges ([Sturgess](#)) (just an actor I
worked with)
lampshades
some walls - just finger marks
messages everywhere -
then he gone into my paints
IDK what that blood is from
Whole house trashed
He threw the food I was prepping
He put asparagus on table
Mashed potatoes on TV
Weird
All those windows are smashed
I can't find him
I walk into little office - side of game room
He's not making sense
He had something with paint
He holds up his finger
"you don't think I fucking love you -
look what you made me do"
"Huh..."
shoves finger in my face - looked like bone -
I pick up scarf
I say I'm going to call 911 if you don't call them
right now
I've never seen him this bad
Hallucinating - dif([ferent](#)) planet
I'm waiting for Jerry + security team - He reloops +
starts smashing - back on conspiracy

I only took pictures
of room I was
trapped in

Amber 39

I made him cup (of) coffee

he hurls it into TV - breaks it

Turned over glass table in LR (living room)

Grabs my phone + pushes record

He was going to catch me + prove it

but IDK what that is

Then thinks he hears Jerry Judge

Takes out his dick + urinates messages

"This is your Billy Bob"

Then security ushers him

outside - laughing

Malcolm - cooler security guard -

JD goes upstairs - "fuck this" ——— wiped paint on my clothes, threw them over balcony

I tell them he's bleeding + IDK how

long + he took bunch (of) ecstasy (ecstasy) + they

get doctor + medicate me + get me

out of there

Dr Kipper flew in right away

"give her more"

*actors that are going to

stand in line to fuck me

↳ He says

recording - found it

way later in my

divorce

in —
LR
(living
room)

Amber 40

Eval #3

Nov 8, 2019 10:15 A - 6 PM

Amber Heard

274 Madison Av

running theme -

I was a nag

He wanted to talk - but only wanted me to

validate his anger - that I DID THIS - not him -

not to apologize

write letters in 3rd person - "she used to be lovely"

it dropped out of a book recently

the anger with me

"used to

be kind"

"used to be

beautiful"

↓

just a list

{ so sad b/c I thought
it was a love note

↓

prob - I didn't
even know if it was
a love note or
not

couples tx (therapy)

after Australia - reached out

to Amy Banks (Boston) - she

wrote a book - 4 ways to click -

bought it in airport coming back

from Australia

coming back with Ben King
(house manager) hired by
production (JD demanded)
to manage the home in
Australia

We met him in UK - very proper

He's prof(essional) butler

think he found the finger

you could see where blood
stopped + he dipped in
paint

(my goal was to paint

a portrait of him

for his bday -

June 9)

weirdly - that's the only

thing untouched

flew back commercial -
wouldn't let me fly back

He threw coffee cup - broke TV

I wasn't there - scared shitless -

not moving

He had bandana - rags - he has

| them everywhere - fabric

All wrapped around his hand

They had fallen - finger was brown

- Mint Green/Beige

phone - next (to) bar

kitchen -

upstairs

- took phone entry

level

- he got in + out -

moments - I think he'd calm

down or got tired enough

- I could tell from writing -

there was blood everywhere

was his body in shock - IDK how

still alive

ran until
it ran
out of
battery

hear
Johnny
screaming
at being
ushered
out

on audio - heard discussion between
security guards - and on the
phone to Christie (Christi) - sister -
they are talking about secure silence -

how quickly

who's going to control me -

who's going to go with me - Ben -

most amendable -

How to get me out of

Jerry - "the fucker cut off his finger"

"walked everywhere"

transcribed by Angy/deppdive.net

HUGHES0065

Amber 41

- I got put in that room - Debbie wanted to
give me meds
I broke - I just started weeping -
I don't think I cried all weekend

- first they grab me + pull me into theatre
room

- think Kipper met Johnny at hospital -
then came back to house to look
for finger

I rem(ember) sitting in theatre - on main floor -
dark room - dark sofas - fluffy cream
blankets - I'm like "why are you giving
me a f-- blanket my life is over"

I'm just weeping - just loss (lost) - everything
broke in front of me - she tried to touch me - I jumped

He was so mad at me - always shifting reason -
always opaque - He was so paranoid

Debbie wanted to give me meds - I refused - but may
have acquiesced - made me seem ornery -

I didn't want their pills - made me seem like I'm
difficult - like Johnny did

I wanted to know what was going on -

Eventually I go upstairs -
paint on my clothes - mirror - pillow - but only on my
pillow - bathtub

At some point I go downstairs - grab my phone - it's dead -
plug it in upstairs - I didn't know it recorded -
I didn't know this until over one year later - divorce -
there's an 8-hour recording

so I see the book - Australia side
Brisbon → airport → bought book

Amy Banks - great book thought Johnny might be
↓ inclined to this

I wrote her - I found your book after one of (the)
hardest thing(s) ever

in room maybe all night -
Debbie checking on me
"OMG what happened"
Is Johnny OK

tearful

Amber 42

It was science based - clinical based + worked

with couples

she talks about anx(iety), dep(ression), triggers, cingulate cortex,

goes off like a bell

I knew I had a prob(lem) being in the rel(ationship) -

I was telling myself - I have to leave him -

He called me on way to airport - he asked me not

to leave -

Hans drove - Malcolm in front - Ben in back with me

Johnny calls Malcolm -

He hesitates - says "Johnny wants to talk to you -

I think you should take it"

I didn't want to go but I knew I couldn't (presumably "stay" missing)

I was scared it would be last time I'd see him -

Scared that all of this was for nothing -

I thought I was going to die - that he'd kill me

first + then he would die - I really did think that

so they gave me phone - they all got out of car +

stood by door

He told me "Don't throw it all away - Don't leave me

like this. My Slim"

he was so contrite in that moment

he was like - "My Slim - My baby - Don't leave me like this -

I know we've been thru hell. The monster is

dead. Don't leave me like this."

I know I was saying "I love you"

I didn't even have it in me - anger

no anger - or "do you know what

you did" But I had no anger toward

him

He's saying this over + over

book not on abuse

Still felt - still feel - wish I did better -

so guilty - it's not about the physical violence -

it's so much more - I loved him so much - I

believed him so much - I feel so responsible -

was he provoked by me - kept trying to find ways

Amber 43

to not provoke him
of course he feels like I'm challenging him
of course he feels threatened if I get back up
or if I fight back - I didn't sleep with that person -

crying

I didn't do that - Did I participate?
Did I make it worse?

Yeah - I call him names - I knew it would
lead to him hitting me

He'd shove me against wall

if I try to go past him - or block him -
he'd say "oh you want to fight me now"

Fight end - then he leave + come back next day -

say "to get stuff" - which is code for
talk (he could ask a million assistants)
first day - crazy - punch me with his fist - one of
more extreme acute - prolonged fights for 2 days
by end of rel(ationship) - by 2nd or 3rd day - I'd be so
mad - I'm saying awful things back - I had
such limited weapons - "You don't understand"

Johnny uses very flowery language -
never a straight shot -

"can I have a cup of coffee" = "oh many (man) - I'd give my

noone

argue with

him or

criticize

him

He lived in a dif(ferent) world

He'd go in + out of manic episodes -
delusions - psychosis

I'd say "Johnny - you don't understand -
you are so much bigger than me"

I couldn't speak constructive + lucid to
him + normal conversation -

1x - Toronto - before divorce on patio + I
said to him "OMG - Johnny - it's so nice to
get to speak to you"

said that all the time
argue the merits -
just trying to get
the most obvious things
off the table

very last nik (nickel?) for a cup of the black"

"pencil" = "give me one of those red plume"

b/c he received no
criticism so when I said anything -
was like cruel +
unusual punishment to him

Amber 44

everytime

so confused - thinking I have
to leave him -
fights so mindfucked
so much anx(iety) + dep(ression) - I
didn't know what was what

now

out of rel(ationship) 3 1/2 years - I know
that life is not that stressful -
I was taking like 900 mg Neurontin -
at nighttime - Kipper say -
oh that's homeopathic - who am
I to think

my mom reminded me - something
I had totally forgotten - that
Thanksgiving (2015) bad -
but early Dec - I tell Johnny
this isn't going to work -
need to divorce (I did tell
my entertainment lawyer Carl)

He'd say he's going to fucking
kill you - do you have a safe
place to go?

(I had a go-bag - someone
at Al-Anon told me to
do that - think a person
saw bruises)

(both LA + NY)

1x - stranger in NY - pulled
me aside - I'm going
to give you my # -

tried to separate - few weeks -
try to see someone else to
move on - to fortify my
exit - no version of me that
could leave on my own -
preparing myself to be single +
alone

threw bottles
decanters -
magnums -
He loved throwing
bottles -
threw it right next
to your head

many people
seen him
throw bottles

* (treated?)

1x so triggered - R Kelly interview -
he got up - anger -
protects his innocence

1x - Michael Jackson - interview -
kid (now adult) shaking -
still treasured the gift -
there was love - grooming of
family - closed enviro(nment) -
not a stranger

↓

all self-worth around it (me)

I rem(ember) concussion check -
Kipper - I rem(ember) sitting there -
Nurse said - we have to rush s.o.
thru - do you want to move -
this person rushed thru -
I rem(ember) feeling jealous - that
a stranger did that to her

1x - with friend Amanda re: Kavanagh -
target 7 states - came as
Senator Flake district -
needed 7 "perfect" survivors -
we flew them to DC -
sat in Flake's office - same feeling
they gave brief summary -
we are your constituents -
severe stories of sexual assault -
trial/hearing

sense of jealousy - b/c it's clean cut -
it's not their fault - even
if you're not tx* by the system
that way -

but not provoked to do s.th.
wrong - block blows -
make him madder -
freeze - look at him -
make him madder

If I leave - make him
madder - set him off - b/c
"I left"

The (He) fucking torture me
about that

He always weaponized leaving -
Him leaving didn't mean that
he wouldn't hit me -
just that it was prolonged

Amber 45

could not have male person in phone -
Johnny would call - even my
female friends - He'd call
them -

He took my phone all the time -
called people all the time
Accuse me of affair at least
one person on each job
It was throughout - it would
come out - every job →
intermittent absence -
accusations - presumed I
had admitted it - I never did
that - Men hit on me -
on set it takes a minute to
show that part - but not
interested -

I staved off Johnny - for sake
Every single movie - not exag(eration/-ing)
accusation - suspicion
downright hostility + blame
whether drinking, drugs, angry,
in fight - if not drinking -
much more veiled -
He'd disappear + then I had to
text right back - if I didn't,
he'd be curt - cancel a visit to
me - no one tell me -
I'd have to constantly guess
"I don't know what I'm doing
wrong Johnny. Tell me"
we are in Candyland - his delusion -
you don't fight the delusion - you
bring logic to Candyland
The anx(iety) of not knowing what I'm
dealing with was so much
I could hear him trying to make
sense of what he's trying to
say
Get disconnected - "You okay?"
"we weren't fighting" "we were
having a nice conversation - you
were great - I guess phone
disconnected"

Then grill me
Tell me he was going
to call people on set -
↑ I wasn't even in NY

Few little pockets
of normal -
He'd feel good
about being
sober -

[crying]

I'm doing
so many mental
psychological
acrobatics

"what, you can't
hear me little
girl - so
young"

↓

me - "what"
him - "The guy you just
told me about - who
you are fucking in NY"

← He'd be like
"yeah - the guy - the
fucking guy - I'll
find out"

↑

but he
really hung
up or
me

Amber 46

he was always mad at me when I
away working - always -

He doesn't rem(ember) when he goes into
these things - I'm so confused

1x - I said I'm going to record

this - I'd watch him build

this narrative - I'm in hotel

room in UK - Pushed photobooth (photo button?) -

And when he hears this - he will

understand - (b/c he only rem(embers)

the feeling - or that think I

"told" him I was cheating

on him)

He was saying I just had this affair -

I said "I didn't say that. But -

I'm sorry - that would be horrible

if someone told me that - but I

didn't"

I asked him - is anyone there - Stephen there -

typically there would be - but he's

going back to guest - Accusing me of

affair -

Tried to make sense of it - love it - fight it -

run from it - tried everything -

I really tried everything - I really wish

he (I) could've helped him

Dec - my parents, Rachele's (Rocky/Raquel's) parents -

Josh - we were all going to go

to the Island

my mom said recently - it wasn't my baby

anymore - my strong girl was begging me -

she had busted lip - black eye - begging

↓ him to stay

so hard to understand the dynamic - so hard

for me

I think London -

Danish Girl -

There until May 2015

He was throwing up in his
sleep - at night - more nights
than most

I'd write a note - in Spanish

taught myself -

checked out books

started in HS

I used to keep notebook

Grew up

He weaponized leaving -
it never meant fight
was over

Amber 47

and then nobody left to Island
just me
all the work I put into the rel(ationship) -
I needed it to better
All we went thru
I wanted it to work
even restraining order - maybe
that would wake him up -
some miraculous change -
hope

of after fight



first day - ends in a fight
"I feel bad Johnny but you're
so much bigger than me"

after this - Dec 15 fight

days later - we are all
supposed to leave for the
Island

he'd text me - we're going to
leave for the Island - me + kiddies -
everyone fuckin hates me -
fine - want to get presents there
for the kids

still had bruises

lip didn't stopped bleeding
bleeding from head

} but few days later

couched it as 1/2 apology -
want to get my stuff - means he wants to talk

He comes over - I agree to be there -
but I wasn't going to Island -
I was really looking forward to that -
He wanted to convince me to go back to
him - same thing - monster is dead -
that fight was so terrifying
I was so terrified

In Australia - up against counter - felt die

In LA - Dec 15 - somehow different - the way
he was telling me he was going to kill me

Why?

b/c Rocky -
she was such an advocate for me leaving him
she didn't want to move out b/c of me
- we all planned to go as a big family
- Rocky is like "you can't go" - she's
begging me - she was so worried
for me - "he's going to kill you"

Mom + Dad in
Whitney's apartment - P4

Amber 48

Dec 15 2015

the sound of his voice - he's punching me - those
rings - He headbutted me square in the face -

Rachelle (Raquel/Rocky) in her apartment
she woke me up - think LOC (loss of consciousness)

He put his fist by his side -
He first hit me straight out -
Then I got up

This time - didn't have time to block

tearful It wasn't messy (like grab me by hair - I'd swat
to get away) - straight out

I was in foyer area outside Johnny's office -
no time to block my face

like a settee - think I went down on arm -
he hit me with his hand - all these rings -
I rem(ember) brace myself - then stood up -
just look at him - "oh look - she's a tough guy
now - Dyke - so tough - camp counselor - II (tough guy) "whore"
all these terrible shit (those days so much of it)

I got back up - I looked him in the eyes → was that provoke him? I didn't have to get up

My dad always said "never hit back - just get out" | I always thought it was bullshit

He's just taunting me

sometimes I
pushed him

"You think you're so fucking tough"

He's looking at me -

He slams his head into my face - searing pain
into brain - I topple backwards - back on settee -
no back to it - I fall over it - bang my head
against brick wall - I start crying right away -
I want him to know he hurt me - I'm not mad - I'm
hurt - I want him to know I'm hurt

crying

I just rem(ember) pieces - He has me by the hair - I feel like it's
so sore

Before that - I rem(ember) - he was dragging me by the hair -
He managed to drag me up stairs - I'm trying to
walk backwards - crab walking

Something at top of steps -

he stormed to on way to bedroom -
cleared off antique table - then
flipped over the table

we just
got that
table in

| R - bedroom
| L - his office

Amber 49

He's screaming -
I'm still on top of stairs in foyer
I have mem(ory) of being slapped in face
I rem(ember) feeling proud that I could block
him so he can't blame me - still in foyer
He had me by the hair again in his office -
IDK what I did in the office
At some point, he drag me into the room -
I was dragged on floor from office
to P4 - metal grate
old fashion safe door - big heavy iron door
Dragging me - on back - metal plate
safe door anchored
carpet → metal → soft black carpet
something hurt - it hurt a lot
He was so mad - so much energy -
PA - Big black duvet - Big black pillows -
black cotton sheets - Lg king wood
bed - unfinished wood - real heavy
He drags me in there
Gets me on the bed - punching me -
this time he's punching me + screaming
at me
IDK if I ever seen him this mad - He was
so hurt - in so much pain - His veins
coming out of his neck -
He has me by the neck - looking at him - I
have a visual of him - IDR - but I do rem(ember)
is him throwing me back down or flipping me
over - on stomach - he's trying to get on top of
me - trying to get leverage He has knee + boot
on back - my back - His other foot is trying to
get leverage - the bed is splitting - I'm face forward
in pillow - He is kneeling on me on my back -
Punching my head with his fist - IDR feeling any pain -
He was using his fist - hitting me hard
I rem(ember) thinking - OMG - He's going to fucking kill me -

His office connects to P4 -
Whitney's apartment
Johnny convinced she was
spying so she had to move
out - so she wasn't there
He convinced me - she was
spying - He said he had proof -
He was so adamant about it

cover bruises?
theater makeup -
lavender/green/beige
↓ pasty
3 piece pie -
carried it with me
everywhere
use more lavender -
day 3 -
then when dirty brown
yellow color
assistant just found it -

crying

Amber 50

yelling at me "I fucking hate you I hate you - I going
to fucking kill you" - Dragging the words out -
I wondered how many times he could punch my head -
Am I going to die - Is he going to tire out first or will
I die first. I rem(ember) screaming first - to break thru -
to get thru to him - Then not saying anything I
realize I can't breathe - not making any sound -
I couldn't breath for so long - He's punching - Kept
punching - dig in harder with his boot - His knee
He had me by the hair - the shirt - trying to get me
to stay down - punching repeatedly with fist

Then it's peaceful - I've tried so hard to rem(ember) -
I know I got to the floor [of P4]

Then Rocky came in - I feel as (if) I was awake
but IDK

She passed him in the hall - smashing things -
he was irate - spilling wine - she said (she) ran
into P3 + panic - whole place smashed up -
she was afraid - if I was alive - at that
point - she ran into room - saying OMG -
OMG

pieces of my hair everywhere - chunks -
she took pictures -

she wanted to call ambulance -
I couldn't say car wreck

She called Erin - Erin walked Rocky thru
concussion check -
I rem(ember) Rocky with flashlight -
Rocky wanted me to go (to) ER

Then Melanie was there (dear friend + also makeup artist)

Literally next day - text Jodi - I may have to
cancel James Cordon - to cancel last min
is really bad form -
my hairstylist - started with my head -
wincing - he saw some of the blood -
He really softly kissed top of head -
didn't say anything

saw injuries
this incident

Rocky

Melanie

Erin RN

Josh

Kipper's office

← Dr. Monroe

Front desk - Lisa Bean, RN

did concussion
check

↓

"that mother
fucker beat her"

↓
she followed me to parking lot
hey no questions asked - do you
have a place to go - here's my
private cell phone #

Amber 51

Melanie came with me - Melanie cried -
Samantha was there - (some assistant with her) -

Melanie is my makeup artist
not Samantha

Melanie told me that Mel + Sam hugged -
"what are we going to do? what are we
going to do"

Samantha hugged me "I'm so sorry"

Had to do makeup home -
Heavy red lipstick - b/c lip bleeding still

hit him?

took me years - to get
out of freeze

Now I know I got to leave him -
trying all month -
I'm embar(rassed) - my mom had gotten
there - Then Leijola got there (Rocky's mom)
Think dad was driving

I would've never
Then I was like if he pushes me
again - I pushed him back

Now I'm crushed - thinking I ruined X-mas
Felt safe + family

I called him names -
I do feel like I provoked him
I had no weapon -
Nothing

I wanted to do X-mas with Lilly (Lily-)Rose + Jack -
where they are kind of kids then
Rocky so strong - very protective - my backbone -
I lost it

I wanted it to be fixed - I wanted it to be better
Rocky is like - no

Few days - first - no I'm not going - big fight -

Next few days - he's apologetic a bit -
pressure on both of us - kids waiting

He's still not sober - so
took a while to calm
down

Then he wants to talk -
doesn't work out - he splits again

Comes back - not really apologetic but
intent on my coming to Island - I'm
like "but Johnny - you head butted
me" He made it like I caused it - I
made it happen - always minimize it -
make me seem like it was me -

even in (on) Island - "I don't
know what happen to your
lip"

There was a moment - he fucking knows it +
then - "I just gave you a little knock"
like I'm exag(gerating)

Amber 52

I know I shouldn't go - but I want my dream -
my fam(ily), Johnny, the kids
everyone looking forward to vacation

Rocky + Josh wouldn't go

I told Johnny no one would go

He's wearing on me - kids waiting - I know
what they must think - that I
am drama - "crazy bitch's fault"

He always blamed other people

All this terrible obvious bad shit -
changed the dynamic

I always played down -
everyone right in their criticism -
I know all that
I'm aware

I have hard time justifying for
myself - strong women activist -
feminist my whole life - hypocrite -
I couldn't accept that it was this
bad - I take responsibility for everything -
I'd oversell my participation in it -
with him too

Tied those 2 together - drug + alc(ohol) abuse -
the monster - Good Johnny is great -
I took more responsibility - "I held my own" -
I'd say

I'm sure I hit him once when he pushed my sister -
I rem(ember) clearly doing it - landing a blow

I don't want to make it sound like I'm a
victim - tried to get thru to him - to survive -
beg him to stay - call him names -

I know where it ends - extreme viol(ence) - then he twists
off - lands at a bottom - gets sober - there's a
chance - I thought there's hope - Elton John -
other rock stars - so there is hope

before left for island

Johnny gave Rocky + Josh

eviction notice -

wrote it like crazy person - note -

He came in to their apartment - at

night - They were in bed -

on ground - handwritten note

get the fuck out of there -

you're evicted

He's never on time

for them either

Finally get to school

play, but late - Lilly (Lily-)

Rose mad - but mad

at me

crying

Amber 53

So I went over to Rocky's apartment - I'm really sorry -
that you have to have (leave) here - worried you -
that you are going to be mad at me
Sorry, Josh - sorry Leyola (Leijola?*) - sorry about note -
Said Johnny is really sorry
I said sorry for asking - I think I'm going to go -
I'm sorry - I love - you - you can be mad at me
It's my first X-mas as his wife - I love him - as stepmom
I know you know I'm weak
I just have to try for me
I'd really like you to come
 She's like - we are not going - I love you - I want
 to beg you not to go - I'm your best friend - Don't Go -
 we'll make X-mas here - Leyola (Leijola?*) is like "I understand"
I understood everyone's side
I was just saying sorry
So I had to choose - he wore me down - so much
pressure - I said on 2nd day - "look at my face"
He said it's fine - you wear makeup -
(2-3 days in between of silence)

* on pg Hughes0076 the name is spelled "Leijola", on Hughes0081 it's Lolayla, don't know which spelling is correct

crying

Island

good for first couple days
kids weren't really talking to
me - but noone would
talk about it
then thing in the closet

I really loved them -
I cared about them -
grades - protection -
iO taught her how to drive
I cared deeply

kids

in front (front?) of their life -
nannies - security
mom - back + forth -
 LA - France
 - primary residence
played cool - not discipline

after Dec incident - Lilly (Lily-)Rose
mad at me -
she told Jack not to talk to
me -
sad
Jack bday - end April - (not sure which year)
Johnny left w/o me b/c
Jack wouldn't let me come
to party

Amber 54

worst

Australia - Dec 15
Australia confuses me b/c it came so long -
went on for 3 days - complicated +
long - more scary + confusing

rape with bottle

never did that before - object
never saw him that fucked up
in my life

multiple men arrived

Jerry
Nathan
Malcolm
Stephen
Ben

} they all saw -
Johnny was out
of his mind

so fucked up -
has his penis
out -
doesn't make sense
didn't make sense -
think he's peeing

TMZ video

main house
we never lived in main
house
he wanted to gut it b/c Vanessa
we hired Laura (designer)
small window we were there -
Before Adderall Diaries + Before Whitey Bulger
After plane incident
I hear it from upstairs
After camera off - he hit me - I knew I
was taking a risk
I kept saying "sorry - nothing happened"
Late morning

but not
sure -
think
May

when

start video/audio

he would not rem(ember) that
something happened - so we'd
talk - to film it - record it
to prove - he thought to
prove me wrong - to justify
himself
He would misrem(ember) + not rem(ember) +
*never knew what would stick -
but not overtly expressed -
root suspicion -
insults + insinuations +
presumed fact
He'd say - that's what you told
me

why not

leave after

Australia

I thought it was his rock
bottom - He was so crazy -
I said to Rocky - "don't worry -
I hit him too" I played it up -
Thought I had it under control
Don't want people to think I was this
weak person - bit of hypocrit - but
not weak - made lot of mistakes

Dad telling me
can't ever defend yourself -
just make him more mad"
He's a big dude

Amber 55

June 2016

I tried to stand up to him -
psychologically - physically - He's triggered
by strong women

I spoke to Kate Moss 1x - in
bathroom - she was using -
think she is clean now -
I was clean -
Then she realized it was me -
Huge elephant in room
she started talking to me -
she indicated - sorry that I'm going thru this
she sat in tub - I sat in next to
her - now into deep + meaningful
conv(ersation)

"Did you not have that type
of rel(ationship)"

news was everywhere

She's like "babe - it was such
a long time ago - we were
crazy - both using - yeah he
pushed me around - yeah
always accuse me of dating -
couldn't leave the house -
but we were crazy back then"

at that point, didn't break
down the sober part of
abuse - didn't recog(nize) that
as abuse at all - took me
a minute -

?

- < jealousy
- control
- withdrawal
- check phone
- destroy 5-10 phones
- took away
- took car
- call directors
- call actors

} didn't
see
it

thought flattered - he's obsessed with me - should be flattered -
he loves me

I knew the violence was violence

It really made me feel crazy -

suspended rules

no accurate reflection

no recourse

couldn't talk to anyone - crazy makin

how does anyone understand

why you don't stay -

why you don't call 911

[crying] I read something about learned helplessness - open doors +
dogs don't go - they have to be dragged out -

I think that's when I realized -

I had that door open a lot

Amber 56

you're enough

police coming over - iO saved my life -
I assumed now that's it's going public -
I can't go back

Now I can't go back + be a liar

As soon as I filed for divorce - it went
public

All the people I was most accountable -
everyone knew about Dec incident +
knew what I was living with + it's
still going on

Then kids turned back on me
I couldn't leave earlier with my face
so I lost everything
and my bday - heart broken
say favorite memory -
talks about my ass

I rem(ember) later - he ripped my
shirt - I had audacity to
tell him I was upset b/c
he was late

Melanie, Amanda, Erin,
Rocky + Josh - Mama Lolayla* +
parents, iO (* see note pg 0078)

even Jack said "ew - what
happened to your lip"
I'm like "yeah - gross"
Johnny threw me under bus
Lily text me - fuck you

crying

back to Australia

felt weird -
he had to get sober for
surgery -
Then clean + sober for it
he has transcend meditation
gay - massages

May 5 - fly parents to
Australia - I was sure
of it - we went thru
hell - I rem(ember) writing - OMG -
I never been happier - I feel
like the monster is dead -
other entries "how many times
I've been so wrong"
"part of me is scared every day the
monster will come back"

after Australia

didn't leave home for days
didn't take pictures -
no need - only took things to fix it with Johnny
Rocky said - look around -
same shit - you think you're not like your mom -
It's just nicer furniture

Amber 57

dog

kicked Boo

(Pistol stayed away
from him)

held Boo out of window 1x
bad bender
(in beginning)

gave Boo pot

I freaked out - he thought
it hilarious

things flying in her direction

Tasha (Tasya) painting
incident

that night - finally got him
out of my house - he would not
leave - people texting me

breakup

many times - so many

in fights - day later - he'd come
back "to get my stuff"

something he just said

it hurt me after marriage - he knew it hurt me

I did not say that after marriage

I wouldn't say divorce word

He'd throw it around all time

Divorce became a weapon

Australia - he said I just
got my wife + now I'm
getting divorced
This was before it got really
bad - I'm sitting on
steps outside

leave house +

not contacted by him

too many to count

} I never knew if he was in the States or where

you go MIA

after Boston - went to hotel

1x - left Island with Lily Rose -

he was so fucked up

we literally had to get helicopter

to get us out

Jack didn't want to leave his dad

↓ (he went to Tara + CJ - island managers)

I think my dad is dead or s.th.

he's passed out in sand

* He always knew where I was

Dec - 2015 -

they broke up fight

I had to throw can at him -

when it was good - it was

like magic -

I loved being in his life -

kids life - amazing

friends

Dreamscape Island

Amber 58

May 5 2016

Met Ball

going as Ralph Lauren's guest
he made us custom outfits
at this time on my bday -
he threw my phone out 14th
floor - so I threw his out
contacting his staff to get new phone
they are not answering
no clue if he was going to show up
stylist - "oh honey I'm sorry"
↳ Samantha

| I contact security b/c realize his wallet is on his phone -
security gets it but not mine

| - lockdown order - they
wouldn't listen to me - He told them
not to talk to me when he was mad

embar(rassing)?

mortified
the room - set up pillows AH JD -
Moet + strawberries

phone hacked

4chan - user controlled databases -
they were trading these like baseballcards
only released pics of me - not him

JD mad

Johnny said I liked it
of course
my fault - people send you an email + tell you
to reset my password - fishing it's fishing

| I'm like - seriously

List people accused of?

London Fields

billy bob thornton
jim sturgess
theo james
jonathan reese myers | Johnny
(Rhys Meyers) took his role
"go fuck your pretty boy"

Until I Do, I Don't

Wyatt Cyrac (Cenac)

Danish Girl

Eddie Redman (Redmayne)
insinuated director

Magic Mike

Channing (Tatum)
Producer - Reed (Reid Carolin)

One More Time

actress - Kelly (Kelli) Garner
furious about that
Hamptons House

Adderall Diaries

James Franco
(he tried to get me
Deuce* - Johnny
freaked out -
nudity)

| dated him
later in
Dec 2015 -
2x
Friendship

Amber 59

Three Days To Kill

Kevin Costner ([Costner](#))
Producer - Luke ([Luc](#)) Besson

Machete Kills

less explicit -
"man, don't make me hate my old bud" Danny Trejo

Paranoia

Liam Hemsworth		Johnny wanted to see
Harrison Ford		every frame - wanted to
		see underwear - read
He called		script -
Harrison Ford		
couple times		
↳ like a "Keeping eye on you"		

All my male friends
iO - "dyke bitch"
very verbally abusive to iO
Savanagh ([Savannah](#)) - plead to keep her
Rafa - he called him
Shooter Jennings

Couples tx ([therapy](#))

Amy Banks - spoke to her on Skype

did Skype session together 1x
he seemed not to be triggered by her
spoke to him alone / me alone
that was it

Dr Laurel Anderson

I saw her couple of times
think he walked out - she said he's not
ready - doesn't have tools ready
saw her multiple times
tell violence?
IDR - she knew there was some -
got the sense she knew - I didn't
want to get into recriminations -
wanted solutions
Desperate to figure out - to fix this -
had to give her his perception

| she recommend I do
| a cortisol test - it
| was off the charts

Amber 60

sex(ual) ab(use) tell?

noone
said "some fucked up shit"
so - b/c of this - going thru all
of this - with Jennifer - said
"cavity search"
later - she said kindly - "maybe
there's more there - really sensitive but..."
she said "you know cavity search is
a sexual assault"

just felt like an
embar(rassing) detail -
someone ripping off
your clothes -
sticking fingers up your -
easy to separate or not -
fist in your face

dad hit

until I left
not calculated - not discipline -
go into rages - smash things -
smash coffee pot
1x - baseball bat - smash toaster
always in the mornings - coming
down
had to teach myself - I'm not a little
girl - I'm not afraid - and it's
mellowed out quite a bit
I still try not to make him mad
always call him "daddy"

take off belt so fast -
indiscriminate wherever
it landed
(+) marks
(+) several times/week
Whitney less
1x stuck his finger down
her throat
I jumped in - oriented
at my mom
(+) slap never punch
↓
like in car (I'd sit on his
lap + drive us -
age 10/11) he'd
pass out -
I'd push on foot -

Johnny familiar

felt familiar
felt warm
I can handle him beating up on
me I know what that is
I got myself out

CSA (Child Sexual Abuse)

- other
times -
didn't have
vocabulary
or ability to
say no
couldn't
make it
worse

- mom + dad had sex in front of us (on mom side of bed or on the floor)
- assaulted in elevator -
stuck tongue in me -
married to Johnny
→ drunk Arab prince
→ pushes all buttons → UK
- people been grabbed +
groped whole life
- didn't fight guys off who
had sex with me - didn't have
| respect for my body like now
Peter - unwanted

(I always thought he was going
to kill her)
(stay with Whitney until she fell asleep +
then wait until I hear her
footsteps - then hear her pitter +
she was okay)

Amber 61

tell Johnny elev(ator)

not much later
at airport (could miss flight - Danish Girl)
gross dude - not traumatized
tell Jerry + Malcolm
they get on it - tell security
He blamed me automatically
I had to say no makeup - hair wet -
big coat

and then bring it up
at fight

travel anx(iety)

yes
big part - gets really terrible
when I travel
before JD
no
now
yes - travel does (days) are tough

being alone

not at all now
hard to say - long rel(ationship)s - serious -
felt solid
I always left people
Felt deeply in love - lucky

stable

Cowan

at some point it became clear
but as soon as Bonnie said it could
be endangering to a child - I
stopped believing it could help
by Cowan - Kipper sent me - to fix the
relationship
I'd want to work on problem
He couldn't have whole context
I never talked in macro about all
this
- He was Kipper's best friend
My goal was Johnny's sobriety

Johnny told me Cowan was
telling him everything +
reading notes -
I couldn't trust Cowan
totally

Amber 62

Moscow June 2013

press tour / Lone Ranger

on plane - turned it into nightclub

gave us some privacy

nervous b/c MDMA -

but didn't want to be fuddy duddy

thought - we could do that - it will be fun

He peer pressured flight attendant to take one

Fine for a minute

Flight attendant leaned into me

Johnny snapped

grabbed her by wrist - twisted her around -

she was frozen

"do you know how much pressure to break

a fuckin wrist - takes 6 fucking pounds"

"you fucking cow"

"you hitting on my girl"

I calmed him down -

Thankful he wasn't mad at me

"you don't see it little girl"

He's screaming at the front - door closed

(she apologizes to him)

Then he turns on me - I rem(ember) at hotel - broke

glass table - I think - broke wine glass - — something broke

he pushed me over - me "flirting" - I tried to

remind him he didn't say that before -

at some point he hits me - I go to hall

where Jerry is - he says "Love - your nose"

and pulls out old school handkerchief -

He walked in with me then

But I knew the calm down would only be

temporary - take days sometimes + if he

looped on to s.th., it wouldn't go away

I cried in bathroom - didn't shut door -

Then went to dinner

Paparazzi - held my chin up high

I'm figuring out this
system - his system -
not what happened but
what he believed -
I had to work with
that

Amber 63

EVAL #4

Nov 16, 2019 2:30 - 3:30

Amber Heard via VSEE

JD suicide?

"be done with this" - opium pipe - flirting away
bang head against wall
hit himself in face when angry with me
burn face with cig(arette) - he did that himself - he
told his security guards
he's done that before - wrists, arm, face (that time - picture)

other self-harm

(+) burn a lot	(+) when sober
(+) cut self all over his arms	(+) when mad
(+) multiple times - he looked at it like a challenge - I'd have to clean it off after - find him passed out with blood	(+) when drunk

ask him psychological tx (treatment)

yes - but he couldn't deal with it
Everyone told me he wasn't ready to deal with it (Cowan, Laurel - couples tx (therapist))
Kipper told me he needed it
Never had it

Amy Banks

I had indiv(idual) session. He had indiv(idual) session. We
had couples session

tell DV?

I may have said [re: Australia] "it got a little violent" or
"sometimes it gets physical"
I know I minimized it - I wanted rel(ationship) to work - I
wanted to repair the rel(ationship)
Couldn't tell viol(ence) + abuse - Johnny couldn't deal -
couldn't get him to sit down + talk about it let
alone get tx (therapy/treatment)
After couple session, he refused to do more
He was convinced everyone was on my side
↳ Cowan on my side
↳ Laurel on my side - b/c a woman

Amber 64

anyone accused you of
viol(ence) in rel(ationship)?

No - noone blamed me - I was actually convinced everyone knew -
Everyone knew he hit me - bodyguards - our friends -
I actually called his own divorce attorney -
My first agent + friend (Megan) saw me with bruises + urged me to call her very good friend - Laura -
It was Laura Wasser - I actually left a message but she never called me back - And I went back to rel(ationship) - And then I find out later it's his divorce attorney - so I assumed everyone knew he hit me.

dagger

He took dagger out on my bday
— 1x - running away so he made me go get it - held it to my wrist - "there's no way out of this kid"

the line between joking _____
↙ + serious kept moving

living in Orange
≅ 2013
|
He put them in my house -
↓ each side of bed at the time I couldn't really tell how scary it was - but I was freaked out

text - I fucking love you cunt?

yes - we tried to make light of it

Many fights in Orange
not sure if Disco
Bloodbath was one

where is her portrait? Australia?

IDK

throw things at him

when he's chasing me - things off corner of the desk -
I rem(ember) the paint thinner (light - almost empty)

destroy things of his?

phone - 1x - my bday -
threw out window after he threw mine
maybe threw his down another time - on floor or bed

LOC (loss of consciousness)

- Australia
- Dec 15

Amber 65


broken bone?

nose 3-5x

force to have sex

He'd put pressure on me - in a way it could
go either way - like during a 3-day
period - at to make him not freak out
He's mad at me so even if it's not my fault,
it's still my problem

you leave?

It caused more problems
And he'd always find me -  and I couldn't know
where he was
he always knew where I was
and then he'd be more mad +
more viol(ent)

He destroy your stuff?

All the time - all the time
destroyed my clothes - closet - constantly
paints
phones
threw stuff over balcony

Amber 66

Jan 18, 2021 5:00 pm - 8:00 pm

Amber Heard

Zoom

first time it happened

- slap in face
 - Hicksville
- } clear -
so I can talk about it

now?

- in past, more heart-sore + confused
- my first visits with you - the volume of it all
- it (hit) me - the feelings with him - the memory
- of that high - further away
- 5 years - felt like a magical experience but
- not normal - Highs were a pause for
- extreme lows
- ↳ all just iterations of a cycle - love/lay my life
- down for you - then - NOT - searching
- for that peace again - so confusing
- ↳ the solving the pain I was in was HIM -
- kept things to restore that peace -
- that was him
- ↳ lost so much dignity - so much self-respect -
- horrible humiliating things - just so humiliated -
- crying + trying to restore things + he just
- headbutted me + called me a whore
- ↳ given up everything else

Amber 67

tx (therapy) - Bonnie Jacobs, PhD (again)

MEDS - Provigil

∅ Adderall

∅ Sleep Meds

standing Rx (prescription) Xanax -
since April 2020

Simplify -

be as healthy as possible

Mom passed April 1, 2020

Drug overdose < lethal amount opiates -
a little bit of everything

opiates

— not sure if accidental

my dad called me -

He didn't know what to do -

↓

Dad just did intentional overdose

brother-in-law found him - I

told him to call 911

using opiates as long as I know

heroin when younger

then pills

she was a

cold angel -

I'm glad she seemed

so peaceful

Whitney + Gavin both lost jobs COVID

(hospitality) + 2 y/o -

taking care of dad

↳ spiralling worse + worse

the house burglarized when

↓ out of town for X-mas

so he took all his meds -

benzos + opiates

unresponsive 2 weeks

but he has

friends who

are drug addicts

we packed a bag - he can't

go back to house -

he went to rehab 30 days

Relationship

Bianca

one year

living together

Pregnant - surrogate - April 3, Due Date

little girl

San Diego

my egg + donor sperm

I'm the parent -

Amber 68

case

wreaked such havoc on my life
on my ability to cope with life -
other people

(+) nightmares 5x/weeks

(+) flashbacks

see something on TV - triggered -
full panic attack -
don't need meds

(nightmares)

worse over past year
b/c legal battles - reliving this -
who will be ok - judgment calls -
with hearing the story

scary

dreams that I'm in the witness box
and Johnny throws a phone at
me

I'm trying to move on with my life
to move on + be a mother

Try to learn from the mistakes I
made + there are so many

see something visually - viol(ence) by man
against woman

it was on - a movie - other room -
hearing sounds - I didn't know
what happened - man hitting woman -
felt like I was going to be sick -

went to rest room -
didn't make it - already
vomitted

1x - Nicole Kidman show -
she has flashbacks -
then I lose my mind -
shaking - can't breathe

1x - Hard to be restrained -
touch back of neck
Hard to have sexual life -
even with women - energetically
different

OpEd

I thought I had made it
went thru the trauma

The trauma of divorce - the media
attacks - casting aspersions on
my claim

losing jobs

uniquely sensitive to public domain

I thought I had gotten thru that + here I
am

When wrote op-ed - doing work to help other people -
help other women - otherwise wake up + not know
what to do with myself - I had to do something → This

Amber 69

was the good to proactive get out of
the relations(hip)

I have lost all that

All the attacks

Troll army - Troll attacks

Made people not involved - made them
weigh in

Death Threats + Hatemail

Loreal (L'Oréal) can't even use me to sell Mascara
they get so many trolls

the ACLU - I can't be associated with it -
they can't withstand those attacks

All of this a result of this litigation -
his lawyer - online campaign - relentless

Statement F

they had no ability to know about
sexual violence - private - super
confidential - the outline was
submitted



[violating terms of
confid(entiality) of UK court]

In court - there
was allocated
confidential section -
they chose to not to
ask me

disgruntled ex-assistant (Kate James)

testified - He had been
texting her

she was ETOH (ethanol) - bad - drink on job -
a mess - had to let her go

when I filed restraining order -

He texted Kate
let's fix her flabby ass
she goes over + is helping him

we stumbled on
that text

70% bots +
inactive accounts -
tied to Waldman
but tricky to
prove

Hire Metal Rabbit

Rep management experts -
utilize algorithmics (algorithms?)
plant stories

click (? check?) farms

- A lot of people have
interest

Amber 70

Adam Waldman comes to trial - day or day after Kate

testifies - He throws a paper at me -

Amber's Rape Lies

big bold letters - some UK Paper -

gave the story to

He made it seem Kate testified about it -

she did not

while Johnny + the team testifying

I hadn't taken the
stand yet

↓

So this is how it feels

this is why I fight to have this private -

even when judge said - yes - you were sexually assaulted

extra humiliation - dif(ferent) category of humiliation -

extra vulnerable

how we treat sexuality in women + judge women + viol(ence) aspect of it

* to use that to torment me - extra painful -

extra hard

even to deny it - makes me more humiliated

even when proven - I have not brought it to public sphere

that's why - I identified the shame - the cog(nitive) dissonance -

proud to be a woman - this is what equality looks like -

this is what viol(ence) looks like - but then in private -

I couldn't hold my own - get smacked down -

seems senseless

hoax/lie?

it's one thing - even if I had not committed

my healing to this public - Even tho I didn't

find my private healing by going public -

not my remedy - But the most traumatic

part is what comes after - like Channel (Chanel) Miller -

it all happens after

From getting restraining order to now - way worse + I

survived 4 years of getting beat

takes my personhood - takes my truth -

all I can do is help understand what I lived - Women's Rights -

hear me roar - then come home to my personal hell

I can't stay quiet + have my truth -

tearful

Amber 71

I told him at divorce - I just want to get out + go on
with my life - just don't call me a liar

I told him I
wouldn't file charges

Having been called a liar for telling truth - b/c you
are threatening a money maker - worst part

(2016) I said to Johnny - "Have I lied about anything?"
after He asked me if I'm recording - I said no
divorce He said "I didn't call you a liar"
I said all your people are

JD said "of course you're not a fucking liar but -
What about what you did"

I said Please stop - I don't want to be in
the position to tell the truth about you

I already walked away -
got out of worse -
have all the threats -
now have the whole world cast doubt
on the claims -
every single time I have to prove it -
I have to re-live it -
like walking backwards - don't get
very far

He has not
produced it -
only end of convo

I rem(ember) -
right after I
filed for divorce
before mediation

I
think he wanted to
agree to
meeting of
some sort

"you don't want to go to trial,
kid, b/c I will destroy you"

Mediation Failed

informal

Clandestine house -
me + JD
lawyers on phone -
we have to move locations
to finish talking
I'm in car with Christian Carino -
en route to other hotel
On the way - JD finds out
that I'm dating Elon -
so shit show - Johnny ordered a
big bag of cocaine -
stayed maybe 6 hrs

I hoped I that was my
could calm — life - I lived with
him down - him like that
so long

I rem(ember) this so
well b/c so
rare that he
conceded anything -
but of course
tried to blame me

whole point = this all
can't be for nothing → it was to reach a resolution →

He could move on + not destroy my life
I wanted him to know I loved him + I'm a person*

(*human being?)

Amber 72

- we were still utilizing damaged tools to fix it
- talking in circles - trying to explain everything
- accusing me of fucking everyone + Elon + me wanting \$ (he had been convinced by people about this for so long - b/c married with prenup)

Statement G

I never called

iO called

he called his friend in LA to call police

he was in NY

he called from NY first -

then panicked + worried it wouldn't work

first set of officers walked thru the apartment -

it was a mess

Josh took them through - over broken

glass - destroyed floors -

Isaac saw wine

they said they were there for a while but it was only a few minutes - only 8 minutes

they were supposed to take pictures - of

me / of apartment / get statements

they def(initely) know what they saw

I told them "I refuse to give a statement on the

advice of my attorney"

Noone said it was JD - didn't want it to

come out

Mediation

"I will love you

forever Dead or

Alive - My Slim"

II

Note from

JD at Mediation

Now - I'm (I've) concocted this elaborate scheme to

trick LAPD - to establish paper

trail - twice??

So - really - I call cops for DV - but I'm fine +

my house is fine + tell them I don't want

to cooperate + I don't name Johnny + no

one cooperates with police - no one names Johnny -

I think of how

many calls they get - so much

DV - maybe I

was a speck of

dust

Amber 73

- he's suggesting I'm a pro make up artist to
make marks on my face

- not only did we never call -
but we never cooperated

we cleaned up -

Josh, Rocky, + I + dogs were on couch -

watching a movie when 2nd set of

cops came - it wasn't roughed up

maybe 2 hours

↓

we didn't call them +

we didn't even know they

were coming

2nd set - in + out

they seemed unsure of what was going on

- this whole statement does not make sense

distracting + throwing mess + mud to serious
claims

sending to twitter - no checks + balances -

he can say anything - no control measures -

throwing misinformation that is inconsistent

when the statement came out

My work stops -

the money maker campaign gets

suspended - the brand

↳ they have meetings with me -

what's coming next

- then friends reach out -

Melanie - who does my makeup

Amanda - wait - cops came +

you were fine

Lauren Shapiro - made call on behalf of iO -

tells iO she doesn't want to be

involved - looks shady

Loreal (L'Oréal) -
various campaigns -

} then trying to
explain all this -
I can't afford publicist -
I have to do it all alone

- then do tape audition for director -

but then he doesn't call

they deal with troll
attacks

- a bill on revenge porn - then they can't be associated with me

- all I have going for me is being
on the right side

My online presence
my business
my brands
my friends

} all dry up

Legal team - distracting / confusing / planning

- my phone starts blowing up
the texts "Have you seen this?"
panic inducing - that means
something else is coming out

(Statement) H

"abuse hoax"

He's calling this whole thing an advantageous
play on my part - all this that I lived
thru

They know Johnny - the (they) don't know me

This feeds all suspicions when women speak about
abuse - He plays into that prejudice "what does
she want"

I've literally been pummeled with rocks since filed
restraining order -

He's saying it's not true + a malicious attack +
made it all up to harm Johnny - your
beloved Johnny + then say that I am
the abuser

My rel(ationship) was filled with so much love - so much
pain - but so much love - but we were
damaged + we hurt each other - both -
but he is even saying that's not true -
that I'm a scheming woman -
wrote the article - came forward - if I can -
you can

Amber 75

- then the rel(ationship) itself was a hoax
- I learned now - I can come forward b/c I am the most privil(eged) - so the pain + damage I exp(erienced) is because of that - but it's not fair -
- can't in good conscience telling women they will be fine coming forward - fucked up part

anx(iety)

when will this stop?
stop being in the news?
he's doing a lot to move my voice
when will I be able to move on

will he stop?

no
but efficacy of the lawsuits will be mitigated

dep(ression)

not really
feel stressed out
lot to juggle in my life
wish this wasn't a part of
it
want a good night sleep

{ night terrors -
scream/cry
flail a limb

covered in sweat -
drenched in sweat

|
law (lay) down - this goes
thru my mind -
Meditation App -
No drugs -
Then the circus -

What do I need to do? what evidence?

Why would this person say something not true?
etc etc

Always about the case - About him

SX (symptoms)

breathing
heart pounding
shaking
crying
tense shoulders

last night she
changed my
shirt

2x

↓

sneaks up out
of nowhere

("she changed her" or
"I changed my")

Amber 76

June/July
trial

July/Aug
impact of it all
debriefing
being in same room of (with) Johnny

< last 3x -
alone with Johnny
viol(ence) -

Bday
Phone
Clandestine Mediation
↓
threw me
against wall with
hand on my neck

then all that into -
a wave -
all trial + case stuff

then anticipate verdict -
thing after thing -
punctuated by short
respite

It's a lot dealing with it with whole world
to see people I once trusted + people
betray me or be angry with me +
see my friends attacked themselves

/
tearful

try to avoid -
All the time - even when I am asked to
talk about it - just giving the
place holders - otherwise I can't -
I don't want to

huge swaths of music I avoid
get rid of photographs
can't look at ad with his daughter in it

memory

weirdly - I can rem(ember) all this stuff up to a bit -
then just blacked out - the file is there but
blacked out
- Australia - - After I filed for restraining order
- Dec 15 - - After Bday Party

Amber 77

Australia - rem(ember) going to bathroom
rem(ember) trying to reach him
when he had me on countertop -
then don't rem(ember)
start + stop

a lot of things I feel like I don't rem(ember)
I felt like this when I was in your office +
going thru it - to give good detailed info -
all the info I could give you - but then
the sensation of pulling myself back -
I want to give all the memories - exact time
I don't want to

blame self

all the time
a little less since trial + someone objecting
before it was severe - severe
I left this rel(ationship) + was unsure who was the
bad guy
I thought I caused him to do it
At times I'm unsure
Things I did do + things I didn't do (leave)
really confusing

neg(ative) beliefs

trust
even in this healthy rel(ationship)
try to overcome these impulses
any sort of emot(ional) dependency -
I deal with people from my past who would
give trust - I'm your best friend + then
sign declarations against me
look at Johnny - I'd love you forever -
wouldn't think he would try to destroy my
life
So of course I'd have a baby by myself

tx (therapy)
started to do
PTSD/trauma
tx (therapy) -
then Covid
so trying to manage the
shitshow of
my life over
Zoom

affects my romantic life -
struggle every day -
no matter how healthy -
how safe

Amber 78

neg(ative) feelings

fear I feel my life was threatened -
my address leaked
get mail - hate mail + threats
Feel he won't stop

paparazzi outside
house every day

shame

I'm part of this huge public
shaming campaign -
entire army drag out parts
of my life
everything I do
Adam Waldman manipulates +
leaks meant to provoke

3 statements -
provoke shame
embar(rassment) even if
it's not true
they are meant to
make me feel ashamed
to lean on misrepresent
evidence so people
engage + participate
in shaming

old friends rape lies
don't =
support extreme
me
=
extreme

immune

no - no
I know I didn't
do this or that
but 1000 people
screaming at you
when leaked -
shame = extreme

distant/cut off

yes
only tiny group of people left
every single close friend have
lost their social media
accounts
tiny little band - brutal test
of friendship
most isolating thing
Don't even have ability to form new friendships
with fear of what will happen + they
will be targeted + attacked

Amber 79

loss of interest

I used to like being in public eye
but can't trust it
I have no business
Feel a million miles away
My industry has turned its back on
me + I didn't do anything
wrong
People root for Johnny forces at play
I used to enjoy romantic relationships
before Bianca

positive feelings

even when we won verdict in
UK - what's he going to
do next - now he has
nothing to lose

feels futile - no matter what
we do - He is still at it -
even when we win

on guard

I have tx (therapy) -
Baby - loving rel(ationship) - but have to be
watchful - constant

not paranoia - but everytime I
leave - I'm being followed
I have to limit my movement

afraid

sometimes
particular warning or letter
(looking for another house
to get out of LA)

Last 8 days - 2 people came to house -
ask for autographs + left notes on car

statements

Hard to trust
someone won't
turn of (on) me b/c
of false information
|
and media against
me
everyone is weaponized

reminds me of rel(ationship) -
it doesn't change anything -
no matter what I said - I
feel helpless
happens again - all the past -

online attacks bad
before UK trial -
it muffled my voice -
I anticipate blowback
I was writing op-eds
Get laws presented to
Congress
Now I can't tweet
about a book +
like

Amber 80

sleep's a fucker
try to protect yourself

jumpy

all the time - everyone knows - running joke

intrusive thoughts

all the time - it's constant - something
always coming up with this lawsuit

even if not reminded

just there -
just comes in - so much

Amber 81

AH

Dec 27 2021 ZOOM 1:30 EST - 5:25

Living in LA

April 18, 2021 Oonagh - 8 months
healthy baby

[(+) CAPS]

Aquaman II June 2021 - Nov 2021 UK

they wanted me to walk away -
basically fire me -
the first one was a smash hit -
a lot of chemistry between me + Jason =
that's why it worked

ten pole movie

first movie since all this

haven't been asked for
public facing events
in so long -

went to a friend's fashion
show (she's a designer)
in UK - wearing her dress -

everyone went crazy good
↳ next day - she's bombarded with
trolls

↳ she had to denounced me -
said she did not invite me

↳ so now - on the long list of people
who have done that to me

guy who replaced
JD in Fantastic
Beasts - he had
to take down his
insta

new (knew) her 10 years

one month ago
awful -
I lose so much

why?

b/c I come with a whole
lot of baggage -
Johnny's trolls

↓
lots of flack when post
picture of me

My insta private
before JD suit -
had tons of comments -
a few (you?) are a golddigger -
but now can't have any

(illegible) - it's so fast
at levels that are so
absurd

Aquaman I

they tried to fire me b/c I had
lost a lot of weight - they
just signed with me - 3 titles -
Justice League - potential

for sequels

for health reasons - so I flew
early - went to gym -
trained with gym 5 days/week

Johnny also signed
3-5 picture role with
JK Rowling
investing in the actor

there for 6 months →
shot Justice League -
6 days

Amber 82

then post-divorce - before he
sued me

↳ Aquaman released

totally fine - good

↳ did more philanthropy - got into
it

↳ which uses my name

felt so good but this was
weaponized against me

* once he sued me, everything changed

then just bit parts in friends' movies
characters

for artistic merit
balance out of big super
hero movies

after UK decision - they (Aquaman)
said not good press

filming so hard for me throughout
team of people think it would be easier if

I wasn't there -

show up early - leave late - always prepared
consummate professional

I can't give them an excuse

They cut my role a lot

Final scene - Epic Battle - Me (possessed by
evil guy) + Aquaman

they wouldn't do it

trained for solid
months - trained in
US before went to UK -
6 hrs/day in gym
June, July, Aug, Sept

They shot teaser stuff -

in the gym - guys

working out -

never with me

I wasn't even asked

↓

It's just me up
against studio

↓

I don't even have a

↓ publicist

But they (the) way I am
attacked -

way more than a (*illegible*) job -

crisis management - all this -

who's going to do that

then they tell me that
me fighting Jason wouldn't
be a good look

promo

it will be difficult -

I had one

since I was 19

Amber 83

magazines would want me but the
troll army is so bad - can't use
me on an online platform -
↳ that machine kicked into gear around
the time of the lawsuit
↳ And Adam Waldman did the tailored
leaks - indefinite fuel source -
he nurtures rel(ationship) with 5-10 of them +
then they do most of the work -
↳ they are online group like QAnon -
fan groups

paradox - I have to have an online
presence - but for my well being -
I can't look at my Insta or Twitter
↳ online hate
death threats

+ cannot work in comparison to
Johnny -
there does not exist an email/text/
nothing that I asked for him to
be fired
↳ it didn't happen
↳ His career has nothing to do with my pain,
my rel(ationship), my love for him
↳ it sounds like him wanting to be
vindictive + his anger

It's not my business

It's not my role to hurt him -
don't want to

Anyone over age 45 - I have to walk
on eggshells - it's a relatively small
pool - so creates a small universe -
in which he dominates

I do my work + keep my head down + really
really hard + Have to face studio exec -
marketing reps

I'm sheltered from all
of it - I get the
top level stuff

↓

I don't even have
social media on
my phone

CCDH ([Center for Countering Digital Hate](#))

Center for countering

| hate online

online hate space

anyone who looks at

the messages says the

hate is off the charts

| have to always
be thinking of this
really hard

Amber 84

Aquaman II consequences

- even director of Aquaman II couldn't post +
he raised his voice at me - "I can't even
post about Aquaman" - made it seem
like it was my fault - I said "I'm sorry"

What could I do?

This is all I will work on until this case is
a distant memory

role cut down significantly - changed content

then Jason said he wanted me fired as well
this was Justice League (Zack Snyder* +
his wife - producer) → stood by me

I shot a promo for
him - no questions
asked

* (Snyder)

but on set - Jason drunk - late
on set

↳ dressing like Johnny - has all
the rings too

↳ I did my job - professional

nobody could take selfies with me -
on set

given blackout - don't post anything
on social media - it was just me -
just me - everyone else posting from set

Broke up (with) Bianca - Sept 2021

I had a hint that I could love again with her -
that part in me - I was able to tell my
mom that before she died - so happy
for that

I have deep attachment
in rel(ationship) - I have no (not)
avoided that

↳ I think I was falling in love again -
at least a version of it

↳ I mark things - pre-audio tapes - have
to prove I'm not lying

think Feb 2020
(trial May/June 2020)
Mom - passed April

↳ then they were armed (before it was noise -
now armed)

Amber 85

- that changed a lot for me
 - and that's when I started dating Bianca
- I had to get interviewed by psychiatrist to have baby
- then trial
- then got worse
 - at trial - Adam sat next to me at trial - threw that newspaper at me - Rape lies
- so after all that - felt a million miles away
 - from having to love Bianca - felt a million miles away from my own heart
- then the baby - focused attention on the baby - already felt far away from her
 - when shooting - ambicable (**amicable**) - still friends
- I see the effect - how this affects me - what it costs me in life - friendships - the damage on my life - Really comes out when I have example like that - emot(**ionally**) takes a toll on me

crying

- so hopeful excited Jan 2020 - Jan 2021 - Jan 2022 - does not look hopeful
 - I was trending upward - positively before - then not - downward

crying

Dad was (**in**) rehab now in sober living - have rules - they test him - getting into AA
↳ sober 5 months now ↳ working it now

cut him out for a while

Whitney still my support - in my life
she has 3 y/o + pregnant 8 months

iO - estranged - He started distancing himself from me online - trying to fight trolls
↳ we didn't speak - since July/June 2021

→
↗

I keep losing people b/c of this - of the lies

Rachelle (**Raquel**) - won't speak to me either - since UK sucks -

Amber 86

tx (therapy) - no time in UK (Bonnie Jacobs)

just emailed - want to get back on
schedule in January

would like to try EMDR (Eye Movement Desensitization and Reprocessing) or other tx (therapy) to get
better at managing sx (symptoms)

my methods of avoiding things
is getting embar(rassing)



I don't want to have a

- ① breakdown watching
content - b/c watching a
movie - couple yelling at
each other
↳ I'm aware I'm trying to
regulate my breathing +
tell myself I'm safe
↳ trying to bring the room
to me - things that
help
- ② drown out - my body can't
help but twitch - echoes of
partner violence
- ③ panic attack in the gym -
(training for Aquaman) -
normal fight training -
I have a trident - getting good
at my routine - hours - every day
(not weekends) - all of (a) sudden -
sensei - changes the action -
intricate - actual Karate steps -
very specific - I'm stopping before
I make contact with stunt man -
dummy/padded - I kept
stopping when had to hit him -
he's not reacting - but not
understanding why - Sensei
said you are not going to
hurt the guy - Sensei hit him -
I heard the sound - the sound -
all of (a) sudden all I hear is
sound - only 30% (?) of hit -
↳ it's a shortcut to memory -
instantly transport me -
they (the) way you
hit since we'd get them
off of you

so when filmed -
that scene was
cut out



next day he
said
high five -
eventually
able to do it

_____ Sensei freaked _____
out - I left
ran outside -
pulled myself
together -
eventually went
to trailer

[crying]
I wasn't
sure what it
was -
sound intense _____
crying
couldn't breathe
confused

Amber 87

④ crowds -
sensitivity - anx(iety) in groups of people
I feel like becoming basket case

⑤ when people put their arms around
me - especially by men
Heightened resp (respiration?) in kitchen

- even dad did it to me -
friendly arm around me -
I said "Don't do it"

not feeling safe

tell people - men
don't surprise me
don't come behind me
don't grab shoulders -
don't wrap arms around me
don't block a doorway



women no - not Bianca

she had another rule book -
more emotional/intimacy
I have to have awareness not
vulnerable

All my friends know if it
involves violence - female viol(ence) -
they edit before me

sleep

try to manage
live in a lot dif(ferent) places
need a bedroom that locks
I need a locking bedroom
door
↳ baby sleeps with me
it's lock down
I can't sleep with Oonagh
I would love nothing more
to sleep with her
But trigger - sleeping - then
bam - something it hits you in
the face

>

he wouldn't necessarily hit me - but
bam "Hey - we need to talk"
"Are you fucking sleeping"
most of time him standing on side
of bed - fighting with me over
something - "our rel(ationship) over +
you can go to sleep"
"I'm going to get my stuff - b/c I'm
seriously not affected"
↳ start of last phase of cycle

meds

provigil
RX (prescription) -
sleeping pill when travel to
get me on schedule
Xanax - as needed
took one another night
thoses tapes - representative of
our dynamic - my voice -
alienating to me as it is
familiar - but something I
know so well

Amber 88

when I see doctors - GYN
let them know I'm a rape
survivor

(+) COVID

baby + I got Covid -
June/July

we were fine -
she ran fever
several days

Dr Curry hugged you?

I was shocked

The second time - we were
just talking about trauma -

my hands by my side -

I didn't want to be rude or

reflect badly on me

I left my hands by my
side

As it was happening -

I was sure it shouldn't

be happening - no permission
for this

walking me out - opening
the door -

"Here - Give me a hug"

I froze

Background information

Date: 09-26-2019 / 10-11-2019

Client Name: Amber H

Date of Birth: 04/22/1986

Age: 33

Date of Incident: _____

Family History

Mother: Paige Heard _____ construction Living? Yes No

If no, cause of death _____

Father: David Heard _____ state of TX Living? Yes No

If no, cause of death _____

Siblings:

Whitney - Age 32
had son - Dec Hunter

Children

Were there other times when you were pregnant, but didn't give birth? Y N

∅

JD - Sky
- Rochelle
Affairs - mystery girl
- since before marriage
- if I directly confront
him, he's going to lie +
then I'm forced to know +
then I'm going to stay with
him

Intimate Relationships

Travis - 16 → 18
good guy
Eduardo - catholic activist 18 → 19 (no sex)
Valentino - fun loving 19-20 (1½ years)
Mark - casual - Mexico
Tasia (Tasya) - 5 years
Johnny -

JF - friends - got close - but
really wanted to be with
Johnny
↳ Dec 2015
met then
Elon - May 2016 - Met Ball ← | dated
I was heartbroken } after
My soul was dead } Johnny
↓ felt nothing then }
ended March 2018

Dawn M. Hughes PhD ABPP
Background Info - Page 1 of 6

Family Background

FAMILY MENTAL HEALTH HISTORY

Alcohol/Substance Abuse	<u>yes</u> / no
Anxiety	yes / no
Depression	yes / no
Domestic Violence	<u>yes</u> / no
Eating Disorders	yes / no
Obesity	yes / no
OCD	yes / no
Schizophrenia	yes / no
Bipolar	yes / no
Suicide Attempts	yes / no

Educational History

Austin, TX

K → 4 St Austin's

(there are some
lines there, don't know
what those are supposed
to mean)

5 - 6 Public School

Manor Middle School

GT tested

7 - 8 St Gabriel's - Duke Program - took SATs - scored high

9 - 10 - 11 St Michael's

took classes Austin Comm(unity) College

got enough credits - stopped HS -

took GED - Age 16

College classes for self enrichment

Needed tutor

Algebra + Maths

LD

Special Ed

ESL

Suspensions

Expulsions

Held back

DX (diagnosis)

ADD - 10th Grade

RX (prescription) - Adderall

Military Service

∅

Employment

modeling

acting

Psychological History

Previous psychiatric hospitalizations or treatment at emergency room or emergency clinic? Y / (N)

Suicidal Ideation Y / (N)

Suicide Attempt Y / (N)

Self-Harm Y / (N)

1x - young - dx ADD
saw doctor

1x - age 18/19 in LA

ANX

RX - Wellbutrin - then Abilify
≅ 3x Klonopin

then went off everything

}

felt →
worse

so did cocaine
met Tasia* - age 20 -
fell in love - she
didn't like coke

* (Tasya)

1x - teenager -
cut arm - emb(arrased)
moved on

stopped 6 months
later
↓
stopped drinking
spirits
↓
so met wine

WA - Bonnie Jacobs

beg(inning) with Johnny → then Dr Cowan

Amy Banks - few sessions

Laurel Anderson - few sessions

}

goal = couple's tx (therapy)

Childhood Trauma History

(+) CPA (Child Physical Abuse)

(+) Witness IPV (Intimate Partner Violence)
Dad → Mom

(+) parents drug use/alc(ohol)

Adult Trauma History

IPV

Alcohol / Substance Abuse History

Any substance abuse tx? Y / (N)

Any substance taken at the time of the incident? Y / (N)

Al-Anon -
since rel(ationship) with Johnny

drug use with Johnny -
could not be (*illegible*) around
Johnny when he was
using - Didn't mix oil + water together

Medication

Current medication

Provigil
Lunesta

only few times
- Hicksville (accused me of taking his coke + using)
- Coachella

maybe shrooms -
just to participate -
but maybe bite on
stem

- wedding
so tense
already

Past Medications for psychological or emotional problems

Even drinking wine together -
scary

- MDMA on plane to
Moscow -
got bloody nose

Medications taken at this (time?) of incident (if applicable) for psychological or emotional problems

Medical History

Social History (Personal Friendships and Other Supports)

Legal History

1x - incident with Tasia (Tasya)

walking thru airport - come from film festival
think Seattle - bickering - but we had
a good rel(ationship) - on escalator - argue -
nothing crazy - maybe loud - cop behind us -
listening - get to baggage claim - waiting
for production van

cop says "now now ladies" I say "excuse me"
He's like "madam have you been drinking"

She goes to walk away - I grab her b/c van is here -
cop grabs me

Ask for ID runs them - gives them back - I say something bitchy - like

I'm angry

me + my mouth

"can we go now"

He said "you don't look like
sisters"

Oh - "you're married - in the state of WA
we take DV very seriously"
said something vaguely homophobic
you guys want equal rights

Handcuff me

Airport Jail/Cell

Sat there hours

moved me - ankle + cuffs

mugshot

Third place - only can call a

landline - I have no phone

Then chain gang on bus

with all dudes - only female

Mandatory wait time DV

Arraignment = "The state of WA is not
going to pursue charges"

Religious and Spiritual Interests

1x - Dogs - Australia
Johnny's people told
me I'd be charged
but they will make
it go away
↳ we both brought
our dogs
↳ Johnny had the
audacity to
send bill to my
lawyers
↳ 2 DOGS
Boo - Yorkie -
Pistol - Yorkie -

Hobbies